

What Is Happening in 2020?

Divine Mother's Guidance For the World Situation

Messages from Spring and Summer 2020

Facilitated by Connie Huebner

Compiled by Sandra MacKenzie

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Guidance from Divine Mother

Origin of This Divine Discourse

This Divine Discourse contains excerpts from transcripts of energy healing sessions conducted by Rev. Connie Huebner of Divine Mother Church. Each class begins with a deep energy healing using the Divine Mother Vibrational Healing Tools. Once the class participants have been cleared and lifted to a more refined vibrational level, Connie dialogues with Divine Mother to communicate Her message to the gathering. The messages from Divine Mother further purify all the class participants as well as giving them Divine Knowledge around the topic selected.

To learn more about the Healing Tools used in these sessions, please refer to the book *Divine Mother Healing* by Connie Huebner (available on Amazon and Barnes & Noble). It contains the wording of each Healing Tool and descriptions of when and how to use each Tool. It also contains a record of Connie's spiritual journey and how she opened her communication with Divine Mother, the Mother of the Universe, by using her own personal method of self-inquiry. She now teaches this method to anyone who wants to learn to receive their inner Divine Guidance.

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You Are Not Helpless

March 16, 2020

Divine Mother:

You are Divine Beings in a physical form. You are healing this world. You are changing its vibration. Trust yourselves. Know that you are protected by my Love.

We are facing a world situation now where all the skills and Tools you have learned from me will serve you and our world family. You are strong. You are clear. You are Light-bearers. Help others by using the Tools I've given you.

Take all necessary steps to help yourself both physically and vibrationally. Know that you are leaders at this time.

I love you. We are working with the most powerful energy in the universe, Divine Love. Call in Divine Love at this time to fill the human race. Particularly focus on those who have great fear and panic.

Use the Divine Mother Healing Tools to create calm and balance. Keep your auras closed using the Tools called "Closing Holes in Your Aura" and "Aura Empowerment" to prevent the world-mind from invading your space.

Call me into your life again and again to release your heart from fear, by simply saying, "Divine Mother, come forth." Use the "Break Command" to break the structures of fear in the world-mind.

I have given you powerful Tools. You are not helpless. We are moving together to transform Mother Earth.

This is our time. Stay close to me and to each other. Extend love and compassion. Inwardly or out loud say, "Break" to the fear and tell it to go into the Light.

Truth is our sword and Love is our shield. I love you.

I am Divine Mother. I come in the name of the power and purity of Love.

We Are Moving into a New Way of Life Based in Love

March 21, 2020

Divine Mother:

I am here for you. We are intimately connected. I know who you are. I know how to move you through this time. I am with you. My life force is flowing into you. I am here to assist you. I am here to guide you.

Trust the Truth of who you are. You may have forgotten, but now I am reminding you. You are a Divine Being, powerful and strong.

You Are a Dynamic Being of Light

We are pulling you deeper into the Divine Mind, into your Source, into your Truth. It's important for you to be operating from your Truth at this time, and of course, all the time. You are a dynamic Being of Light. You have access to resources you may have forgotten about.

Softening, expanding, and letting go are ways to expand into the larger You, which has more stability and access to knowledge you need during this time, and at all times.

The small, frantic ego-mind cannot handle this situation, but your heart-mind can. So I am leading you into your heart and through your heart into the power of your True Self where you know that everything is okay, where you know that you can weather any storm, where you know that you are safe. This is where you need to go. All of us need to be there.

I am here for you. Follow me into your heart. Follow me into the Wholeness of your Divine Self.

The Changes Are All About Love

I love you. Love is here to stay. The changes taking place here and in human consciousness are all about the Truth of Love.

We are moving into a new way of life. It has everything to do with Love. This is a deeper kind of Love, Love as a way of life, as a mode of operation.

This is what is happening on Mother Earth and in the human race. The old painful, fearful, anxiety-laden lifestyle can no longer survive. It's burned itself out, and a new life is emerging.

It's important for you to know this so that you can let go and embrace and accept this new kind of living. I am here to help you, to heal you of the past, to heal the pains and the fears and how they have lodged in your system, and compromised your chakras, and blocked Divine knowledge.

The Intensity of Divine Energy is Increasing On This Planet

We are turning up the Light on Mother Earth. The intensity of Divine Light, Divine energy, is increasing on this planet. You are being lifted out of the vibration of illness, out of the vibration of the coronavirus. You are lifting.

Divine Light is changing you so that you are not susceptible to these lower vibrational frequencies that do damage to your physical body. Divine Light is fortifying you physically, emotionally, energetically, spiritually. Divine Light is transmuting your bodies into bodies of Light.

Everything in the universe is made of Light, even your physical bodies. The frequencies need to be turned up, so at the atomic level, the vibration is being lifted. Divine energy is pouring into you to change the quality of your physical body.

The beauty of this is that all you have to say is, "Divine Light is filling me now," because what you say is what you create. So it is important to speak about yourself as strong, filled with Light, healthy. Call forth your Divine health. You are made in the image of God.

No One Can Avoid the Influx of Divine Energies

There's an influx of Divine Light and Divine Love so powerful that no one can avoid it. Your vibrations are being lifted into Divine energies. *Why?* Because you are *already* a Divine Being. Claim the Truth of who you are. Inwardly or out loud say, "I am a Divine Being in a physical form. I am transforming my form into a Divine physical form."

We are in a time of fast evolution. The Divine consciousness is demanding to be accepted because it is the Truth.

Don't be a victim of this coronavirus. Stand in your strength. The virus is a representative of the ignorance that has been on this planet. We are working on every level. We are starving out the virus, not giving it a chance to multiply, by using our physical precautions.

On the vibrational level, we are upgrading with Divine Light, Divine Love, Divine Truth, and Divine Grace.

When you hear the fear statements, say to the energy of them, "Break."

You may have heard the statement, "You are your brother's keeper." Yes, we take care of each other. It may mean that we don't touch each other, but we can send Light to each other.

This is a Time for Unity

This is not a time of separation, but a time of unity on the subtlest levels, a time of connecting at the place where we are all One. We are moving into Unity and Oneness consciously.

I am Ram. I am Christ. I am Buddha. I am Allah. I am Yahweh. We are all One. And you are One with us. All of us are One. The consciousness that is rising on this planet is reminding us that we are all One.

I am the Mother of the Universe. I am embracing you now.

It's important for you to keep your aura strong and closed to the outer world agitation. This is very important.

Fall into my heart. Be in silence. Soften into the silence. It's peaceful. It holds you. Unify with me. Merge with me. Soften into me.

I love you so much. I am here for you. I am here. I am your Divine Mother. I love you. You are protected by my Love.

This is Something That Has Never Been Experienced Here On Earth Before

A new day is coming to our planet. Let me guide you. This is a new time, something that has never been experienced here on Earth before, a special time for Mother Earth and for the human race. It has to do with changing consciousness. We are moving into the consciousness of Love, which is very different from where the human race has been living.

It is an ending and a beginning at the same time. Look toward the beginning. Where you look is inward. The outer world will not give you the path. You have a path. It is in your inner world, which will safeguard you through whatever outer circumstances you encounter.

You Are Important to the World

I can't emphasize enough how important you are to the world. You have the knowledge, the courage, the heart, to lead, to awaken, to receive the Divine Truth. Through your actions, others will follow. What you do and think and say is important. You are leading by example. Live your life with Divine integrity, allowing your heart to guide you.

People need help. They need comfort. They need to know that everything is going to be all right. Share what I have been telling you. Give others the Vibrational Tools to change the pain, the fear, the anxiety. Help them learn to soften. Tell them about me, Divine Mother. Just say, "Call on Divine Mother, Mother God. She wants to help you."

Call on Divine Mother

I am very "hands-on." I am in the thick of it with you. I am here. I want to know what you want. I want to work with you in all the ways you are being challenged right now.

Just soften in your heart and say, "Divine Mother, come forth." Then pause and see what happens. Give me a chance to respond. Learn how to notice my energy. Give me a chance to show myself by letting your mind be quiet. Provide space for me to enter.

In times of distress, say, "Divine Mother, help." You don't have to be formal with me. We are in life together. We are treading through the challenges of your life together. This is how I want our relationship to be.

If you can't find me, use the Vibrational Tools that I have given you to break the blockages. You need a quiet mind to perceive me. Bring your attention to your heart.

Humanity is Moving Into a Race of Gods

I love you. Life is changing all around you, and it is a good thing, a great thing. We will walk through this time together. This is my promise.

The human body can maintain Wholeness while living on the surface level and the subtle level at the same time.

Humanity is meant to be a race of gods. We are moving into that step-by-step.

The Human Race Is in a Huge Arc of Evolution

April 1, 2020

Divine Mother:

You are Divine Beings living in a physical form. Your vibrations are lifting. You are releasing the past.

The fear around this pandemic has brought a lot of dissonance into your system. We want to bring you back into your Deep Self and dissolve the dissonance so you can handle everything going on with grace, power, and Divine balance. You are the Light-bearers. It's important now to shine the Light.

You are building a home of Truth within you where you recognize your Oneness with God and with all life.

This is a Period of Great Transformation

The human race is in a period of great transformation right now. This is a major reconstruction of your energy field and physical body. You are remodeling the energetic and physical form. Your physical form is upgrading.

Now we say to the coronavirus, "Break. Go into the Light."

You are Divine Beings living in a physical form. You are healing the old energies on this planet, changing the conditions here. All the old patterns and fears are coming up now to be transformed, to be sent into the Light. You are Divine Beings. You are remembering the power that you *are*.

The Human Race Is In a Huge Arc of Evolution

The human race is in a huge arc of evolution, lifting, healing, changing, expanding your understanding of yourselves in this universe.

You are on a planet which is in desperate need of help. We are bringing in the Divine forces – Divine Light, Divine Love, Divine Truth. We are working on the energy levels and the deep level of Wholeness.

I love you. You are beautiful. I am Divine Mother. I come in the name of Truth, I come in the name of Love, I come in the name of all good. You deserve to be honored for being your Self. You are Whole. As you release the power of Wholeness, more people become Whole. Releasing it means accepting who you are – a Divine Being in a physical form.

We are cleansing the physical body, breaking through to the Divine Health of your Infinite Self. We are bringing health back to this world, breaking the blocks, breaking the narrow vision, healing the heart.

The heart is your most valuable resource. In this world, it has been minimized, hidden, repressed. Now the heart is coming back in full force to share its mighty skills and abilities, to share its Divine connection.

It Is All About Love

Love is the most powerful healing energy in the universe. We need that power now. Mother Earth needs that healing power now – in many areas, not just the virus arena, though that dominates in the awareness at this time, and we need the power of Divine Love to transform it. But the planet itself and the human race need healing.

You are the Divine Beings, the Light-bearers. Many of you have had to struggle to carry your Light. I applaud you for persisting through all your struggles to bring forth the Divine Light in your life. You are brave, courageous, strong. I am empowering you with more strength.

The Human Race is Capable of Handling This Virus

You are never given a situation that you are not capable of handling. This coronavirus is something the human race is capable of managing. The challenges that you are being given now, both by the outer world and your inner world – you can handle them. You can come through victorious.

Many Divine qualities are being offered to you now. Prayer is important. Asking the Divine for help is important. Meditation is important. Opening deep into the depths of who you are is powerful and significant. Pour Light into yourself. Nourish your heart. Prayer and meditation will do this.

Nourish yourself physically, as well. Health is important. Stay healthy and strong. Walk, eat nutritiously.

The Children Are Coming In to Build a Life of Divine Love

Break the structures of untruth. When you hear someone speaking untruth, something not uplifting and supportive to life, inwardly say, “Break” to it. Don’t let the children hear it. It is the old world passing away.

You are here to create a new time in history. The children are coming in to build a life of Divine Love for the human race.

Allow the human mind to unite with the Divine Mind. We are breaking through the untruth so the Truth can be revealed.

Your Physical Body is Being Upgraded

The body is beautiful and precious. It is upgrading. The Divine energy coming into the planet is upgrading everything, causing transformation. At the atomic level, the particles

that compose the nucleus of your atoms are quickening, lifting the vibratory frequencies at the atomic level, which impacts the whole physical body.

You have within you the template of a Divine physical body. We want to activate that in you, so the Light is intensifying. Soften and receive it.

For those of you who know anyone who is ill, move Light into them by saying, "Divine Light is filling (use their name) now." You will be quickening the subtle levels of the physical system, allowing more Light to assist in the healing of their physical bodies.

Light is filling *your* body now, healing the physical body, changing you. Allow the Divine Light to move into you, a Divine Being in a physical form, to activate your physical body for health, vitality, longevity, and to activate the knowledge and wisdom that you carry, and to heal your heart.

Break Through and Expand Love

Divine Love is the cause of the universe. When Love is the cause, more Love is the effect. The purpose of the universe is to expand Love, so wherever Love has not been expanded in your life, break through and expand the Love.

Some people are afraid of Love. It is the most powerful energy in the universe. It is also tender. Some people are afraid of the tenderness of Love. It causes you to heal and expand. This is where we are going. We are going into the power of Love and the tenderness of Love. Both the power and the tenderness dissolve deep pain, deep fear, the deep sense of unworthiness and un-deservingness.

It's time to allow the Love, to allow this depth of healing. It's time to break the inner gates that have held it back. This planet has not been kind to Love. That is one of the things that is changing. You are in the midst of this.

Hold my hand. Let me escort you through the fire into the full illumination of Love. It's not about another. It is about you – you and you. The others in your life will reap the benefits of this Unity, of the illumination of Love. This is what we are healing – the times when Love was not allowed. We are breaking these old situations and allowing Love to expand.

When You Are Clear, You Have Automatic Access to Any Answer

I am Divine Mother. I want you to know everything that there is to know, everything that you need to know in your life. Knowledge is important. When your energy system is clear, you have immediate automatic access to any answer you need. This is what I want for you.

Trust. This is an adventure. This Light that is coming into the planet is opening many doors. The planet needs to change, so this Light is precipitating change.

You are safe. You are safe. Stay in your heart and open into the depths of your Being.

Help people to understand what's going on. Say "Break" to the statements of fear. Send Light into the pain. Help those who are ill and afraid. Say, "Break" to the structure of this virus. Tell it to go into the Light. Its vibration needs to lift. Pour Divine Love and Divine Light into all those who are suffering.

You Have the Tools to Impact Anything in the Universe

You have these Vibrational Tools and the skills to use them. [Please see the book *Divine Mother Healing* by Connie Huebner to find the Tools and to learn how to use them.] Learn about these energy Tools. As Divine Beings, you need to learn to work with energy, with vibrational frequency. The whole universe is made up of vibrations, of different sounds, of different light forms, that you can impact with these Vibrational Tools.

The dense energies here need to be broken up. I want you to gain these skills. You can change a situation by altering the energy of it. All these Tools work with Divine Vibrations, with *my* frequencies. None of them are harmful in any way. It's all about the Love vibration.

I am Divine Mother. I come in the name of Love. I am coming again and again. I want to come to each one of you individually and have a personal relationship with you. Let me help you.

Thank you for hearing me. I am always with you. I am Divine Mother. I come in the name of Love.

A More Intense Love Vibration Is Changing the Earth

April 11, 2020

Divine Mother:

Our planet is going through a tremendous transformation, and we are guiding it, lifting it. We are filling with the Divine Consciousness, helping to lift Mother Earth.

We are awakening our True Self, the Divine Self, in ways we have never done before. We are on a Divine Path into Light, into transformation. We are focused on the Truth, focused in the heart.

We are opening the heart, which holds the kindness and goodness that we need at this time. Trust that you are a Divine Being living in a physical form. You are healing, transforming, lifting your vibration.

The power of this transformation you are going through is in the quality of Light your system is able to hold. We are enabling that, removing the blocks that have limited the Light in your system.

Your Organs Are Beginning to Function in a New Way

Your organs are being refined. Your organs are receiving Divine Energy and beginning to function in a way they have never been able to function before because of the density on the Earth.

You are learning how to enter the Infinite Self, the Source, the place where we are all one. You are entering it simply by intending it and by letting go. You are coming home to your True Self.

I have deep knowledge for you. I want you to receive it at the most purified level that you can receive it, so that it is not just a concept, but a living reality you live and breathe.

This is a Divine Activation

This is a Divine activation – of your intimate relationship with the God Presence, with the perfection of Divinity.

I know who you are. I am restoring *your* knowing of who you are. We are dissolving the old influences, the old belief systems, the unworthiness, the fear. We are doing it in such a way that you can consciously experience who you truly are.

It is time for Divine Consciousness to be on the Earth – the Unity with God, the Oneness of life. When this happens, Love and Truth prevail in human society and in each human being. I am accelerating that in those of you who can hear me and participate with me. Your attention on it increases it.

We Are Breaking the Shame Out of the Human Race

Changing the thinking is important, changing the fear thoughts, the angry thoughts, the self-deprecating thoughts. I need your participation in this because you have free will. I am asking you to choose to correct the habits of fear thinking, of shame. The human race does not need to be ashamed of itself. Healing the shame is necessary, for shame makes you vulnerable to influences that do not have your highest good in mind. We are breaking the shame out of the human race. I love you. Love is not ashamed.

The fear, the shame, and the unworthiness all come from the small, grasping mind. That is not you, but it is a segment of you that has been separated from the whole, that has lost its way. We will take the small, fearful mind and melt it back into the Divine Mind, join it with the True Mind that knows the Truth.

I am Divine Mother. I love you. I love you. Every time I say this, it vibrates my energy through your system, reminding you that we are One, feeding you, feeding that small, segmented mind that has broken off and believes that it is alone and isolated. We are melting it back into the Wholeness, into the Divine Mind, which is your True Mind.

Love is our nature. Truth is our path. We are knitting your system together vibrationally into a grand Wholeness.

Vibrational changes are occurring and impacting your physical body. The physical body is becoming empowered because your life force is being activated, being allowed more full expression in the body. The life force has been blocked in many places in the body, but we are dissolving that and recovering the dynamic flow of life force which allows health, which allows your innate power, which allows your body's innate power to restore itself, to actually become impervious to outer attack.

Your Immune System Is Being Upgraded

Your immune system is powerful. It is being allowed to upgrade. It is restoring and letting go of old patterns. You are filling your body with the life energy of the universe, upgrading the cells, upgrading at the atomic level and at the particle level.

It is important for you to receive this very healthy, very awake, and empowered physical system. It starts by activating more energy in the vibrational field. There is a very intimate relationship between mind and body. It's important to know that your thoughts can impact your body in a positive way or adversely, so I encourage you to dissolve the negative thinking about yourself and about the world.

You Create With Your Thoughts

As you create with your positive thoughts, you create a healthy body, activating love, joy, and all the vibrations of beauty, kindness, and freedom.

The negative thinking depresses the systems of your body so they can't function fully in the Light. That is why I am begging you to please train your thinking out of the negative self-criticism.

Even when there is a pain somewhere, don't get angry at that part of your body. It is asking for love. Be kind to your body, especially when it asks for your help. Bring life force back with positive, Divine thoughts. It's a habit to create. The negative thinking habit needs to be broken.

Mother God is here to bring you back into your fullness, dissolving these old habits.

You are so beautiful. Right now, in this session today, there are thousands of vibrational changes going on in you. You have been brought into the Presence of Divinity, a powerful magnetic field. That Presence of Divinity is exuding *from you*. It is within you. We have been simply turning it on and turning it up. We are in desperate need of turning up the vibration of Mother Earth so that the people of Mother Earth step into a new awareness, a new consciousness -- the consciousness of Love.

I Want You to Experience the Essence of Love

What I want you to know and experience is the essence of the Love vibration. That is where you get your resurrection, and precipitate the resurrection of Mother Earth, for that is what is needed. The planet and all of humanity needs resurrection, a lifting out of these old fear patterns.

Trust, the time is here. The Mother of the Universe is with you. I am flooding you with new life force, with the power of the Divine Love energy, which is the savior of your planet and all human life. The Divine Love energy is your savior. It is changing you, transforming you. It's a vibration that is waking up. Receive it. Imbibe it. This is the savior of Mother Earth. Your physical bodies are nourished by it.

It is a More Intense Love Vibration Than Has Ever Been On the Planet

You are Divine Beings living in a physical form. The physical form can handle this Love vibration. Let me tell you that it is a more intense Love vibration than has ever been on the planet thus far. That's because the planet is resurrecting, completely restructuring, rebuilding. It needs your help. It needs your help in holding this vibration, holding it in the human form.

The human body is being threatened right now by a virus. The alarm is being sounded. It's time to unify the human race and to change the way of life, from the way of fear into the way of Love. This is what does the healing, so I am increasing the power of Love on the Earth.

Keep loving yourself and others. You are capable of lifting the vibration of the planet out of this virus vibration, rising above it, rising beyond its touch. You are capable of lifting the frequencies and the Love (Love is a frequency) to new levels of health – not just physical

health, but also political health, environmental health, social health, educational health – health on every level of life.

I am revealing to you the depths of your Infinite Life. It is not something the small mind comprehends. I am not speaking to your small mind. I am speaking to you as a Divine Being with a Divine Mind. I am giving you an experience to transform you so that you can deliver the Truth of Love. Yes, by speaking it, but more powerfully, by emanating it.

I Want You to Have a Vibrational Field That Transforms People

I want you to have a vibrational field that transforms people when they come into contact with you, and not just physical contact, but even by thinking of you. This is what I am creating in you today and truly every day that we get together.

You are great beacon lights for humanity. I am emphasizing that it is your highly charged magnetic field that is being enhanced every time we meet, every time that you think of me, or work with me, or use the Vibrational Tools that I've given you.

Thank you for doing such good work for so many. I am so grateful to you. I love you so much – beyond my capacity to express in words. So I will express it with my energy.

The First Step is the Resurrection of the Human Race

I am talking about the resurrection of the human race and the resurrection of a planet. But that is only the first step. This is Easter weekend, the weekend that we celebrate the resurrection of the one known as Jesus the Christ. The resurrection was followed by the Ascension.

Let us get through the resurrection for Mother Earth, then we will have the Ascension.

I honor Jesus Christ and his gift to humanity. I honor the power of his energy that is still vibrating on this planet. You can connect to it. Though his life was greatly misunderstood in many ways, he gave this planet the path of the power of Love, the path of building the Love vibration in the physical body to such an extent that it transformed the entire physiology. He brought out the power of life force in a body presumed dead, activated the cells, the molecules, and the atoms for more life.

This is what you are doing now – the rebuilding of the physical body as you receive this activation and allow the resulting Ascension.

Thank you to Jesus Christ. Thank you for revealing to humanity what we must do. It is all happening on the platform of Love, in the Divine Grace of Love, as we embrace a Love that has never been known on this planet before, as we experience the liberation of Love.

Celebrate Jesus. His work was mighty, and it is still impacting us here today. One of his statements was, "I am the resurrection and the life." Inwardly say that. It is True for you as well.

Thank you. I love you. My life is dedicated to you. Call on me at anytime.

I am Divine Mother. I come in the name of Truth.

You Are What Is Important at This Time

April 18, 2020

Divine Mother:

Your whole multi-dimensional energy field is being purified so that you can bring back your Divine Self. It can liberate you from all the pain, the fear, the suffering, the unworthiness. Then, you become highly creative, knowledgeable, purposeful for your life purpose on this Earth plane. You become fully a Divine Being, lively with Truth, having healing abilities and manifestation abilities.

We are clearing and cleansing your entire energy field. As we continue to clear and cleanse, you become a dynamic Master of great ability to give Light, to heal with Love, to focus your intention and attention to create.

Every thought has a vibrational frequency. Many people have had fearful thoughts, angry thoughts. We are breaking those, in ourselves, and for many others. Inwardly say, "I give my small-self permission to let go. I give my ego-mind permission to let go."

You Are Unifying With Your Divine Self

You are embracing the Divine Mind. You are unifying with your Self, unifying with your Heart Self. We are activating the power of Divine Consciousness that resides within you, that resides in your physical form and beyond.

The Company of Heaven is here to support you, to heal you and to change you. You are Divine Beings living in a physical form, healing your entire vibrational system, and healing your life.

As physical beings on Mother Earth, you are changing your physical bodies. Subtle structures within you are upgrading. They have to do with subtle activities and the activation of your Divine Presence. We are upgrading at all levels, but very focused now on the physical level.

The Physical Form Needs to Be Enhanced With Light and Love

For you to perform as a Divine Being, the physical form needs to be enhanced with Light, activated with Love. The untruth in it needs to be physically collapsed. We are breaking out new Divine pathways in the physical body, healing it in the most significant way.

Trust, the Divine Mother is here. Your hearts are being cultured, being awakened, being freed from the many cages they have been put inside.

Your heart is the power in your life. As you have these spiritual breakthroughs, your heart will be liberated and allowed to guide, in union with the Divine Mind. It is natural for the heart to embrace The Divine Mind.

Everything is changing within your body. The Divine Light is transforming you. The brilliant Divine Light is entering every cell, and activating health in your cells. More Light is pouring in until every cell is glowing, sparkling like the sparklers on the Fourth of July. Your cells are celebrating their liberation from the retarding effects of fear on the body.

You are learning a new kind of trust – the Real Trust. It hasn't been commonly embraced on this Earth by the humans. Humanity has learned to mistrust and doubt because Truth has been compromised. Until one can know Truth fully, the doubt and mistrust lead human life.

Divine Truth Is Revealing Itself

What's happening now is that the Divine Truth is revealing itself. People are impacted by this and learning that the value of Divine Truth is far beyond the value of the partial truth, the compromised truth, the manipulations of truth.

What's happening as the humans lift, as your physical bodies lift, is that the frequencies of Divine Truth are calling to you, to call you into a new place, into a new life where the Divine Laws are valued and lived.

Love is one of the Divine Laws. You probably have heard, "Do unto others as you would have them do unto you," and "Love your neighbor as yourself." These are fundamental Divine Laws, but they have not been easy to follow here. That is changing now. Healing is taking place.

I am asking you to trust your Divine Self. To do that, first you must find your Divine Self and get to know it.

We are healing the heart because it has been wounded, compromised. It knows the Truth. Trust is allowed when the Truth is known. The Truth can be known in the heart.

Let go. Letting go takes trust. You are letting go now deeper and deeper. You are learning to trust. You are learning about who you really are.

Your Body Is Becoming Aligned With Divine Truth

As you heal your heart, other things in your body come up for healing. Allow, soften, let go. Everything is becoming aligned with the Truth, and your heart is opening into the Truth. As you become aligned with the Truth, all your chakras and organs, everything in your body becomes aligned with the Truth. The untruth is dissolving.

I am taking you away from the maddening crowd of fear, doubt, and pain. I am taking you into your Real Self. You are opening deeper, settling and changing. The mind may be resisting, agitating. Let it be. We will pull it in. Soften and open in your heart, letting go.

This is how you learn about Truth. This is how you break through in these times. These times are very agitated. It's easy to get caught up in the agitation, in the fear and pain. Let go.

You are healing. You are coming into the place where I am, and we are unifying. I love you. Love is the healer. Love is the power of transformation.

Using the Power of Love to Heal Pain

When the outer world becomes too much, or when your own agitated thoughts and fears become too much, let go and open into the heart. Let go and come deeper within your True Self. You may discover things within yourself, like perhaps a pain. Say to that pain, "I love you. I love you. I love you." You are using the power of love to heal the pain within you, trusting that it *does* heal the pain, as you soften into it, saying, "I love you. I love you. I love you." Keep flowing into your heart, letting go and flowing.

When you are stuck, there's no flow, there's no letting go. Keep letting go now, and moving deeper into your Self, remembering to dissolve the pain you meet by saying, "I love you."

Answers Can Be Found As You Move Into Your Divine Self

This is a process that you can continue. You're not going to find your answers in the world mind, or even in your surface mind. We need the depths of your True Self to provide you with answers – Real Answers, not the temporary answers, not the band-aid type of answers, but the deep, profound, life-changing answers.

They are found as you clear the pain within yourself, and keep flowing deeper and deeper into who you are, releasing the stuck places, the fear places, the places of pain. It could be the pain of anything – of shame, of fear, or of the self-judgments. We are healing the pain with the most powerful healing energy in the universe – the words, "I love you. I love you. I love you." This is healing with Divine Love.

We are breaking through. As you break through into the depths of your Self, knowledge comes to you – knowledge of your life, knowledge of your experiences. Whatever knowledge you need in order to let go more, to take the next step into breakthroughs, will come to you, will be revealed to you.

Your Real Self is the Most Sacred Thing in Your Life

Your Self is the most sacred thing in your life – your Real Self, not the small identities of self. That's why we are clearing these small identities by saying to them, "I love you," so that you can know your True Self, the magnificent You, without arrogance or pride, but with simple love and acceptance of the Truth of who you are, trusting your Self.

This is what you are breaking through to embrace. You will have some temporary breakthroughs on the way to this, probably *many* of them, many "Ah-ha" experiences. But don't get stuck again. Keep opening and letting go, and you will be awed by who you are. This Divine You is worthy of your trust.

This is the breakthrough I am leading you into. This is the time. The planet is ripe for this. This time on Mother Earth when everyone in the world is struggling to make sense of what is going on, it is the time for you to let go and let go again and allow the Truth to be revealed. Allow your heart to show you what's happening and how to embrace it in the most life-supporting way, how to support your life in the midst of all this intensity. That is what is important.

You Are What Is Important At This Time

You are what is important. You and your breakthroughs into Love, into Truth, are what is important at this time. As you do this, you will know how to behave in the experiences of your life on the surface of life. You will know when to say yes and when to say no, and when to teach and when to learn, and how to heal and how to change circumstances that are detrimental to you and to others. Your Self knows all these things. That is why I am guiding you to your True Self. This is the breakthrough that is occurring in these times.

Trust your Self. To trust your Self, you must find your Self, the Real You. To find your Self, healing must take place. The Vibrational Tools that I have given you are available. Also available, of course, is the "I love you" Tool which I have given you today.

New Vibrational Healing Tool

Here is the Tool: Flow your attention deeply into any place where there is pain. As you flow into the pain or fear or shame, you say, "I love you. I love you. I love you."

When we meet like this, I bring you deeply into the Source of life. We are clearing all the levels of your existence. Anything that could possibly block you from recognizing the Truth of who you are is being cleansed, released on every level of your system. We are releasing energies of discord layer by layer.

I will tell you something about my Divine Tools. They are all powered by Love, so as you learn to use them, you are breaking through what has not been loving, what has not been Love, and transforming it. The vibration of Truth is always revealed by Love.

Choose Your Thoughts Wisely

I am Divine Mother. I come to you in my heart, to reveal my heart, to heal your heart, but also to heal your mind which has embraced so many painful thoughts, fear thoughts, self-critical thoughts, thoughts of shame, guilt, and blame. The human mind needs to be purified. We do that by revealing the Truth in your heart so that you can easily perceive the untruth in the small mind and correct it.

It is important for you to correct it. It's part of your free will. You have free will. You can think anything you choose to think. Think about Truth. Think about Love. Choose your thoughts as wisely as you choose your words to express your thoughts. Heal your heart and heal your mind.

The universe is a creation of Truth and Love. Choices have been made by some humans to test the power of Truth and Love. Those choices cause suffering, pain, fear, shame, belief in separation from God. Use your free will now and your freedom of choice to come back to thoughts, words, and actions of Truth and Love, kindness and grace.

Correct your thinking when the old habits of self-criticism come forth. I will help you. You are not separate and alone in this life or at anytime in this universe. But we are talking now about this time, this life.

You Are Designed to Work With Other Divine Beings

I am here. Many of your Divine Friends are here, the ones we called upon during the Invocation at the start of this meeting. You are designed to work with us, but often the veils of earthly existence have made you forget this and believe that you are isolated and alone. There is a great pain around that, a pain that needs to hear the words, "I love you."

I am Divine Mother. Take advantage of these times that are pushing you inward into your Self, into me. Meet me in your heart, and I will reveal the Kingdom of Heaven to you, the Kingdom of Heaven on Earth.

Your Innate Divinity Is Coming Forth

April 25, 2020

Divine Mother:

You are transforming. This is a consciousness transformation as well as physical, mental, and emotional. You are changing the way you view life, and primarily the way you view yourself. Break the self-doubts. Break the unworthiness.

Your vibrational and physical fields are being restructured under the template of Divine Truth – the Truth of your Infinite value, the Truth of your Union with God.

You are powerful. You are beautiful. Your heart is healing. The Divine You is coming forth, is being revealed.

Mother Earth Needs You In Your Divine Presence

Mother Earth is going through a challenging time, and she needs you in your Divine Presence, in your Divine power.

Many people are distressed, frightened, angry, and we need you to hold the space, to hold the stability – in your heart, in your Wholeness.

You are good. You are beautiful. You are clear. I, Divine Mother, am here to increase your clarity, to activate your Divine qualities. We are opening, expanding, allowing the Divine Truth to come forth. We are allowing Divine Love to activate.

Don't doubt who you are. You have the power of Divine Grace with you. Trust your Infinite Self.

This Is the Dawn of a New Time for Humanity

We are breaking the old way of human life. This is the dawn of a new time for humanity. I love you. I want you to know who you are and all that you are capable of. I am teaching you about trust. I am teaching you to trust the Real Self, the Real You, who is powerful and good, beautiful and wise.

It takes some very strong people to pull a planet out of ignorance and into awakening. That's who you are. *It's nothing less than pulling Mother Earth out of a state of ignorance and into awakening, into Light.* In order to do that, we come into the place within ourselves that is awake all the time, Unified, Whole, Infinite. I am moving you here again and again as we break through layers of untruth, layers of fears of the past, the old pain and trauma.

I'm bringing you into a new vibration, creating a new magnetic field around you – the magnetic field of Truth, the vibration of Unity.

You Are Changing

You are changing. You are healing. Healing means change – changing from ill health into health, changing from living in a physical system that is compromised into one that is full of health and vitality.

Healing must begin at the most subtle level so that the whole system can receive the Grace of Wholeness. So I'm taking you into this deep place, into the Source, where everything is perfect and where anything that is imperfect in your system can be dissolved and allowed to receive its perfection, its health, its vitality, its innate strength.

Trust in your Self. Trust this Infinite Self. It is You. The planet needs You – You in this wise and truthful place.

The craziness and fear, the discord and agitation on this planet need to be calmed, need to be broken through. You break through these by coming to this place of peace and wisdom. This Source place is full of wisdom and knowledge. You will know exactly how to proceed in your life when you come to this place. You will know how to proceed for your personal highest good and that of the planet, for in this place, you are radiating the power of Divine Knowledge, you are breaking through the mire of confusion.

Every Time You Soften and Let Go, You Expand Into Your True Self

Every time you soften and let go, you expand into your True Self, sometimes only for a few seconds, and then perhaps for a few minutes. Eventually, you will never leave this place of Wholeness, of Divine Self. This is your place of power, the Divine power where knowledge comes to you for the highest good of your own life and all life.

This is a consciousness change. That's what Mother Earth is going through and the human population is going through. You are on the cutting edge of it.

You Are On a Royal Path

We are working together, you and I. Each of you has your own path, and it is a royal path. Don't underestimate your Self. When you work with me, you are on the royal path. It may seem that you are only operating in your own small life, but there is a bigger life that you are just now becoming aware of – that life where we are all One.

As you embrace your royal path, even though you may be staying in your own home, know that your heart, your mind, your vibrational frequencies, are impacting the larger environment. Don't underestimate who you are and what you are doing in the silence of your own home, in the depths of your own heart.

We are changing Mother Earth at its foundations. The foundations are silent, yet they support everything else. The surface of life has become chaotic. In that chaos, it is crumbling. But we are holding the Truth and the Love, and the power is growing – growing up through what is collapsing, to build a new magnificent time for Mother Earth and for you.

Trust is very significant. You gain that trust by referencing your heart, your knowingness.

This is our work. It is a joyful work. My work is to empower you, to give you back your Self, and all that you are, and to remove the destructive thoughts. The destructive thoughts are those self-defeating, self-critical thoughts. Let them go. The thoughts of self-attack, self-doubt – let them go. They are the habit of the age of ignorance.

I am breaking you through into freedom. You are Divine Beings living in a physical form. You are breaking the chains that have bound you, the jails that have hidden you. I'm not just telling you this without giving you some Tools to break out. I am giving you practical Healing Tools that I want you to use.

Use Your Vibrational Tools To Break Free

When you feel a heavy density around you, burst Light there. Just intend it and image it. You need these Vibrational Tools. The density is the energy that's been holding you in contraction. Break that contracting energy, by saying to it, "Break." Words and thoughts are vibrations. People have said negative things. These create constricting energies. Shatter those vibrations. Pour Divine Light into them. Soak them with Divine Love and Divine Truth. These are Vibrational Tools. I want you to have them and use them on yourself and others.

Another Tool is to simply call on a Divine Name. When you call on me, or Christ, or Ram, or Mother Mary, our vibration immediately lights up all around you. The very name of a Divine Being activates that presence in the field around you. We love it when you call our names. We love coming with you. We will help you break the structures of fear and pain.

There are many ways to use these Divine Tools. The whole universe is made of energy. Matter is made of energy. These Vibrational Tools work on the level of light particles, atoms, molecules, to change matter, to break vibrations that have compromised your body, mind, and spirit.

I love you. There is so much that I have to tell you about our Oneness and what you are capable of when you acknowledge that Oneness.

I love you so much that I don't want any part of you to be in density or darkness. We are changing the Earth and we are changing the human race.

You Are Each Special to Divine Mother

I am giving you this broader perspective, yet at the same time, I am intimately involved in your life. You are each special to me. I am capable of having a special personal relationship with each one of you that is unlike my relationship with anyone else.

Let's work together. I am doing this for you, you, you. Thank you for receiving me.

You are going to experience Love in a more profound way than you have ever believed was possible. This is where you are going. This is how you are changing. Trust me. Hold to me. I am the Divine Mother. I come in the name of Truth.

The Human Physical Structure Is Regaining Its Perfection

May 9, 2020

Divine Mother:

You are regaining your Divine perceptions so that you can transform yourself and this planet.

The Divine You is awake. We are dropping the masks that have tried to hide it. We are waking up the heart that knows the Truth. The mind has been mis-programmed, so we are opening the treasure chest of knowledge in the heart.

Trust me. You are a Divine Being. The planet needs more Light, Love, Truth, and Grace. You are bringing it. We are breaking the coverings on the Truth of your Divine Self. The knowledge in your heart knows how to guide you.

You Have Never Been Unworthy In the Eyes of God

You have never been unworthy in the eyes of God. Break that belief system. Trust the Divine You. It exists. It is powerful, innocent, and full of knowledge and wisdom. Break anything that is blocking your experience of it.

My job is to empower you. I am doing that by releasing the things that have disempowered you – the pain, the fear, the shame, the belief systems, the attitudes, the physical impediments, the vibrational blocks. That's why this healing has to be so complete and why we do this over and over.

Trust that you are wondrous. You are worth all the effort it might take to reveal your True Self. You are so significant to me, to this universe, and especially to this Earth. As you lift yourself, you lift the human race and you lift Mother Earth.

You are a Divine Being. You are Infinite. You are unstoppable. You are beautiful, strong, powerful.

The Human Physical Structure Is Regaining Its Perfection

At this time, the human physical structure is changing as the human race is evolving. The physical structure is changing at the subtlest levels. It's regaining its perfection.

The Divine template within you is starting to strengthen and come forth. As we do these energy healings, shifting is taking place in your navel, throat, head, and skull. Very subtle energy shifts are taking place now. We are breaking through the old shells that most people have been hiding behind.

The heart has been hidden. It has not been valued. But it has the power of Love, the power that animates the universe. It is a Divine power that can heal, that can create, that can transform. You are touching into that power, unifying with it. It is the most powerful healing tool in the universe – Love.

The Power of Love Is Changing the Way Life Is Lived on Mother Earth

As the heart is revealed and as the chakras are aligned, this power of Love is changing the way life is lived on Mother Earth. This is what you are carrying forward in your life.

Divine Trust is healing the heart – trust in me, Divine Mother, trust in your Self. I love you. I am here with you. I want you to get used to knowing that you are so much more than just a physical body. You are Infinite, unbounded. I want you to sense that.

I am going to teach you how to be in your unbounded Self, how to be effective, how to trust, how to release the pain.

We are moving into a time on this planet when the abstract is becoming concrete, when your heart is becoming whole. Trust me.

The Divine You is emerging. The Real You is moving into your life. All of the old programming when you thought you were a limited being has to break. You are a Divine Being living in a physical form.

Inwardly say, “I give my ego-mind permission to let go.” Now say, “I give my small-self permission to let go.”

Your Stability Is In Your Heart

Your heart is your stability. As you connect with your Infinite unbounded Self, trust your heart. Your heart is your anchor. It is your center. The heart is your stability in the world of the Infinite Self. It knows everything.

Breathe into the heart. *Be* the heart. You are letting go of the small fearful mind. When you are in a difficult situation, try saying, “I give my ego-mind permission to let go.” What’s afraid is the small mind. When you let it go, you fall into the True Self, anchored in the heart. It holds the treasure chest of knowledge to reference for managing any situation.

When the small mind grabs control, you get narrowed down into a small space, so say, “I give my ego-mind permission to let go.”

Self-critical judgments cause the deepest pain. Now we say to this pain, “You are a lie. I command you to leave my energy system now and go into the Light.”

You are healing and releasing the root cause of fear on this planet. You are dissolving the pain of the past.

Love Dissolves Fear

I love you. Love dissolves fear. Inwardly say, “I love you. I love you. I love you.” Wherever you notice pain or fear within yourself, say to it, “I love you.”

Soften in the heart and solar plexus saying, “I love you.” Continue to say, “I love you,” saying it to the fear, saying it to the pain, “I love you. I love you. I love you.” Keep saying it and softening everywhere. Wherever there is pain in your body, say to it, “I love you.”

You are healing. You are changing. You are shifting out of a small, constricted identity into a huge identity. Yet you are living here, managing your life, and bringing Light to many. This is the amazing feature of human life – that you can be aware of your Infinite Self and function in the world at the same time. In being able to do that, your small daily needs take on cosmic significance.

You are functioning on this planet as an agent of cosmic life, bringing Light and life and consciousness to the Earth plane, lifting the human race into its Divine Destiny. Truly the destiny of the human race is to recognize that you are a race of Divine Beings, fully capable of balancing Mother Earth and working with Mother Earth to create a truly heavenly life on Earth.

Love Is Going To Bring You Through This Transition

We are in the midst of a huge transition. Love is going to bring you through it – the intelligence of Love, as well as the depth and feeling, the power of Love. Love is the miracle worker. When you move with Love, it becomes natural and easy.

At this time on the planet, there’s great need for those with clear sight and insight to be in attunement with me. I conduct all the affairs in the universe. In order to bring the humans through this time, it’s important for you to stick with me. It’s important for you to attune to your Highest Self and receive the wisdom in your heart, to bless the people around you, to allow your inner skills to unfold. You are capable of this. Believe in yourself. I believe in you.

Use the Vibrational Tools that I have given you. Break the pain and the lies. Pour in the Love. Heal the heart. Start with healing your own heart.

I love you. I am with you. We are proceeding together. I love you. This is our power, our connection. Please continue to stay with me. I am with you all the time. Whether you notice me or not, I am there. Call upon me. Talk to me. Let me reveal myself to you.

Trust That There Will Be a Very Good and Beautiful Outcome

May 23, 2020

Divine Mother:

I am Divine Mother. We are One. You are changing. Consciousness is lifting. All of the core issues that you brought to this incarnation to heal and transform are being addressed. That's why you may feel anxious, afraid, burdened, unstable.

These core issues are being opened up for healing. It's important that they are let go so you can stand in the power of your True Self. They may be coming up for you now because your core is being shaken, vibrated, to remind you to let go of what is not True, what is not Light.

Many times you have identified with what is not Light, justified your pain, and shame and unworthiness. Don't claim these things. They are not who you are.

Divine Mother Makes the Impossible Real

The time is now on planet Earth to release these things, to break through them, to take off the mis-identifications of your Self.

You are entering the Kingdom of Heaven. We are bringing the Kingdom of Heaven to Earth to be enjoyed in your physical body at this time of great awakening. It seems like a fantastic idea. It seems impossible to many. *I am Divine Mother, and I make the impossible real.*

The Way to Handle Change Is to Soften in Your Heart

Yes, we are going through on Earth what could be seen as a difficult time. It is difficult because you are changing so rapidly and that gets you off-balance. Everything is being vibrated into a new space. The way to handle it is to soften in your heart, to be in your heart. Your heart is your power place, your place of stability.

Even the heart has to be purified and healed. Old structures need to be broken until you reach that eternal flame that resides in your heart that fuels the power of your life. This flame is from the same power that fuels the life of the entire creation.

You're stepping into the Heart of God in your own heart. This is where you are being asked to live. It is a whole new way of life, another stage of growth.

Trust That There Will Be a Very Good and Beautiful Outcome

Yes, you are going through a lot right now. It is for a very good and beautiful outcome. Trust that. This is where it is necessary to come into deep trust. Only the heart can hold that deep level of trust. But as you hold it, you help in manifesting this new world for this planet.

I know that many of you are going through many challenges and discomforts. Everything going on at this time – illness, economic challenges, distancing, political agitations, are all pushing you to the limits. I am saying to let them push you beyond the limits to the Real You, the You that is One with God, the You that can handle everything because there you have Divine knowledge, you have clarity of direction and the complete support of all the laws of nature.

My job is to heal and cleanse structures that are blocking you from your full embrace of the Truth of who you are. I want you to take heart that something magnificent is going on.

The Physical Body Is Upgrading

The physical body has been locked into the old fears. It has been like a tree growing around a rock. Then when the rock is removed, the tree can grow straight and tall. The discord in your system has caused your system to grow around it. But now, the flows of energy and the cellular structures are being freed up to go back to their Divine template.

The physical body is upgrading, going through the Ascension process. It is a subtle activation and also a physical activation. Your physical system is powerfully changing.

The Universe Is Supporting You

Trust that the universe is supporting you. It wants your highest good. This is the Truth. So tune in to me. I created and conduct the universe, and I want your highest good.

Your life on this planet is all about claiming your highest good. Whatever fear you have, let it go. Keep calling on me, or Jesus, or your guru. We are all doing this together. We are all One.

I am the Mother of the Universe. I can escort you through this life with Grace. Part of the process is to let go of the old blockages and fears. I will guide you through the forest of whatever transformations you are going through.

You Can Receive Guidance From Divine Mother

This is a challenging time. The only answer is a Divine answer. I am bringing you the Divine answers and activating their power in your life. The way to receive these Divine answers is to say “Break” to the blockages throughout your system. That’s what I’m doing now, so that you can fully receive the knowledge, the Truth, the guidance and direction from Divine Mother, the Supreme Architect of the Universe.

We are lifting the small self into its universal status, into the Divine Self. As you give the limited thoughts permission to let go, the body changes. You are not unworthy or separate from God. You are good. You are not shameful. We are breaking these thoughts so that who you are can be known by you.

The ego-mind has concocted all kinds of identities for you. Inwardly say, "I give my ego-mind permission to let go."

The chakras in your body are intelligent. When they experience the mind thinking something untrue, they contract, they tighten and tense. They are being forced to compromise because of that compromising thought. Now we are softening and expanding through the tightness caused by the self-critical thoughts. Illness occurs in those places where tightness and tension has existed for a long time, so change your thoughts.

Let Go And Become Divine Mother

Soften in the mind and simply be. Let go of thoughts of me and *become* me. This is where the Divine Trust comes in. With this quality of trust, you can do anything. You become a creator.

Become a creator. We are here on this planet to create. We are here to create a beautiful world, a world where people move with Love, where Love is the impulse for every action. This is quite different from what we have today. Yes, I am here to bring it through, to bring it through the ethers, through the veils. You are here for that too. We are going to bring it through. We will pull it through together, from this most beautiful field of life into the world of humanity.

We Are Bringing Through the Unity of the Human Family

We are working with the heart, with consciousness, awareness, Truth. You are cleansing yourselves and receiving Divine Grace. We are bringing through the Love, the health, the joy, the unity of the human family, to create a new way of living on Mother Earth.

The Divine in you is waking up. Encourage it. Break this atmosphere of fear. Break the vibration of this virus. It can be broken. Bring forth the Love. Love is the healing power of the universe.

You are going through a challenging time on your Earth. Don't give up. Step into the Light. Hold the Light. You are brilliant with Light. Keep growing and expanding your Light, and saying, "Break" to structures of untruth.

Divine Friends Are Creating With You

We are in the midst of a transformation, and you are in the process of co-creating with me, Divine Mother, creating a new life for Mother Earth. You have Divine Friends who are creating with you, and also human Divine Friends who are creating with you.

Stay with me. Don't allow your Light to be extinguished. Fan the flames of your brilliant heart. Say "Break" to the negative thinking and the negative predictions. We are predicting a new Light-filled, Love-filled life on Mother Earth.

You are working with the fundamental power of the universe – Life force – me, Divine Mother.

Burst Light everywhere. When you hear some negative comment or a negative prediction, burst Light in it.

You Are Made In the Image of God

You are Divine Beings living in a physical form. You are here to do this. If you have thoughts of weakness, say "Break" to them. The thoughts of fear and weakness come from the small ego-mind. Step into your Divine Mind. Be who you really are. You are made in the image of God. Be that.

Call forth your Divine Self daily. Say, "I call forth my Divine Self into this physical life, into this physical body, on this Earth plane now." Take a deep breath.

Now say, "I call my Self back from fear. I call my Self back from illness." Take another deep breath and breathe your Self back. Say, "I call my Self back." Now breathe the Real You into your physical body, into your physical life.

I love you. We are One. Trust the universe. It has something grand in store for you. Break all the negativity, the pain, the unworthiness. You have that power. Then breathe in the Real You.

Use this Self Authority Affirmation: "I am in control. I am the only authority in my life. I am Divinely protected by the Light of my Being. And I close off my aura and body of Light to all but my own Divine Self now."

We are on our way to a great life, an awakened life, a Divine life on Mother Earth. I love you. I am Divine Mother.

The Power of Love Is Lifting the Vibration of the Earth

June 23, 2020

Divine Mother:

You are beautiful. I love you so much. My heart is overflowing with my love for you. I love you. I love you. I love you.

When the cause of every action is love, the effect of every action will be love. This is the experience in enlightened societies – the cause of every action is love and the effect of every action is love.

When love ceases to be the reason to act, the heart contracts. When the heart experiences the effects of another's action that is not motivated by love, the heart contracts.

The heart knows the vibration of love. When it experiences the effect of actions that are not motivated by love, it contracts; it tightens in disappointment. The heart knows that every action needs to be motivated by love.

The heart wants to receive the countless blessings of love so that it can expand and expand to its infinite capacity. So when actions stop being motivated by love in a population, the heart contracts and contracts until it gets lost in all of the contractions. It gets buried.

But when a heart that has been buried experiences the effect of an action motivated by love, it expands, it breathes. The more of those actions motivated by love that it experiences, the more it fills up again, like a balloon filling up.

It is cause and effect. When the cause is motivated by love, the effect of that action is love flowing, love expanding.

A Bigger Way to Breathe

Breathe into your heart. Let the heart breathe, breathing itself back, helping to break the tight grip that has deflated the heart, the effect of the actions motivated by unloving, manipulative intentions. Breathe in and let the breath of love revive the heart.

There is one cause for your existence, and that is to love. That love takes many different forms, a multitude of different forms, and they are all love flowing, love growing. Allow the love.

The hearts have been too contracted on this planet for too long. Breathe into the heart and resuscitate the heart.

As you wake up your heart, the whole chakra system wakes up, which wakes up the whole body and energy field. Breathe into the millions of breath receptors in the body. Breathe in

through your pores. They have been blocked for too long. Let the breath come into the skin. Let the breath come into the particles of Light that make up your energy field, particles that are sparkling and lighting up the body. You are learning a bigger way to breathe.

Now breathe into your auric field and the particles of Light that make up the auric field. Breathe into these particles that are sparkling, glittering. Breathe into the subtle hues and dynamic color frequencies of the aura. Again, breathe into the aura.

Now breathe into the space in the room, which is filled up with Light particles. As you breathe into them, they glow, just like the glowing embers of a fire brighten when you blow into them. Your Light particles brighten up as your subtle breath breathes into them. Intend this.

Trust That You Are Safe

Trust. Trust is a subtle process. Allow the trust, the knowing that you are safe. Trust that you are safe, and safety will surround you. Trust is a manifesting power.

Receive the Divine Trust. I have Trust in you to bring forth your highest values and operate from them. I have complete Trust that you are a Divine Being, and that you know how to operate from the Divine platform of life. I would like you to Trust that, to know it, to hold its Truth. Trust, let go, and free-fall into the Infinite Source, allowing your deepest healings to take place.

There is a beauty about you that I can sense, and it draws me to you, like you are drawn to a lovely fragrant experience. We can sense love's beauty. Your senses are being cleared. You have been given the means to experience the beauty around you.

Stay In the Heart

Stay in the heart and you create a loving environment. This is what is happening on this beautiful Mother Earth. We are lifting the vibration.

Think of the most beautiful natural setting that you have ever experienced. I am sure you've experienced many, so select one of them. Now be in it. What is surrounding you in that beautiful environment is the vibration of Love everywhere, emanating from the air, from the ground, from the sky. Enjoy it. Be it. Be one with it. Your body is receiving the effect of pure Love.

I am encouraging you to always be motivated in everything you do by Love, and you will learn about the power of Love to transform the world, to transform *your* world.

What Appears to Be Chaos Is Part of a Larger Reorganization into More Love and Truth

July 11, 2020

Divine Mother:

I love you. I know you are going through many hard times, challenges, transformations. I want you to look at the situations, these challenges, as transformations. They are pushing you to move in a different way, to think differently, to comprehend a bigger picture, to change your life, to change your stance in life.

When things happen in the outer fields that shake you up, that shake you out of old habits, that rearrange your world, it's an opportunity for transformation.

I am leading you into your heart. I am helping you understand that you are in a process that is causing you to grow into someone bigger, better, more comprehensive in your outlook.

This experience on the planet right now is an evolutionary opportunity. Evolution is going on all the time. You are evolving into a great new experience of Love. You are healing many of the old fixed attitudes you have had that have caused pain in your life. We are dissolving those attitudes because there's something bigger, something higher, something more significant about you for you to embrace.

Trust, you are always guided. So, when you are asked to pay attention, there's someone there who wants to inform you of what needs to be done to eliminate the possibility of pain. There's something opening up to you -- an opportunity, a new direction, a choice, something that is encouraging you to become bigger, more expanded, more whole. Pay attention to it.

This Is An Opportunity for Tremendous Change

What's happening in this world today is an opportunity for tremendous change, necessary change -- a leap in human evolution. Pay attention to that. Slip beneath the surface, settling down, accessing the deeper layers and levels of your existence, where there is more Silence, and where there is Divine Guidance.

Trust your Infinite Self. Perhaps you've never met your Infinite Self. Perhaps you have believed that you are a small, insignificant, isolated human, designed to suffer. Break that concept. You are deep and full and whole. As you open into that, answers start coming to you, healing takes place, Divine Knowledge reveals itself.

To Avoid Fear, Go Deeply Into the Heart

The only way to avoid fear is to go deeply into the heart. The heart is calling out for attention. It is your refuge. It has the answers you seek.

The heart is going through its own evolutionary process. It hasn't been valued as fully as it should be. It's a treasure that has been ignored and minimized in terms of its resources.

The heart knows how to heal fear in a chaotic world. It knows how to bring you out of suffering. If you're blaming the heart for your suffering, the answer is to go deeper into your heart, not to run away from it, but in fact, to investigate it more deeply.

It may appear that there is chaos in the outer world, confusion, disorder, but what's truly happening is that something huge is emerging from deep within the human heart. Something is building, welling up, breaking through, pushing its way upward, breaking through what was considered the status quo, and causing everything to slip and slide.

Nobody knows how it's going to end and what it's going to look like. All you can do is trust that the Divine Consciousness, the Divine Presence knows what's happening, and that there is always a positive outcome when the Divine Presence, the Divine Intelligence is leading.

Your True Nature Is Coming Forth

This transformation that's occurring on the planet today is bigger than one country, one world leader, bigger even than one concept. It's bigger than all of that. But, it's not bigger than you, in your True Nature. In fact, it *is* your True Nature that's pushing through, that's welling up, that's causing things to shake and vibrate and transform. Your True Nature is this Cosmic Intelligence, and it's important that you stop thinking of yourself as a small, insignificant victim of what's going on.

Your Divine Self, the True Self, is engaged in this transformation. It is the Self of the human race that has borne the pain and the fear and the horrendous disparity -- between the wealthy and the poor and between the educated and the uneducated, the separation of the races, of the peoples of the planet. It is this Cosmic Self, this Unified Self of humanity that is saying, "Enough."

Humanity is rising, and you are intimately engaged with it. Don't fight it; investigate it. Open into it on the inner levels, so you can perceive what's going on and find your Divine path through it.

You have a part to play, so what has become fear for many needs to be changed. You are being called to participate in something new, something that is breaking through, dissolving the old structures of society, and building, unifying, embracing something wonderful for this world.

What Appears to Be Chaos Is Part of a Larger Reorganization

I am saying that what appears to be chaos is part of a larger reorganization. Breaking is going on. "Break" is a Divine command. We use it all the time when some structure has outlived its usefulness, has outlived its life-supportiveness.

When it appears that everything is falling down around you, the energy that is often called “fear” makes you highly alert. The red flag is being raised. That high alertness is important. It engages more of your consciousness, more of your ability, more of your intelligence. People are asking, “What do we do now? What happens now?”

Go to the heart. The heart is the source of the unified intelligence. It expands the mind. When heart and mind integrate and work together, tremendous creativity results. The human race is on the verge of tremendous creativity, flowing through to manage, to heal, to accept this transformation and move it forward.

As you reference the heart, and expand with it, integrating it with the mind and the intellect, openings occur. Love increases. Truth flows forth. Love and Truth seem like ideals, but they have practical natures, practical natures for how to establish Love and Truth in a society, in a world, which has lost it.

This is where we are going. This is where you are going. Find your path in the midst of this. You have an individual path and you have a collective path.

You Are Not Here By Accident

Trust your Self. You are not here living at this time by accident. You have a purpose. What is your sacred destiny? How can you touch it and live it in the midst of all of the challenges you have right now -- the health situation, the political situation, the economic situation, the personal situation?

Let’s talk about the personal situation because -- as this is going on in the world, this seeming chaos, confusion -- you also have an individual world, a personal world that may be going through challenges in relationships, finances, health. These also must be managed. They are not separate from the societal challenges, but they are just affecting you much more personally. They are connected to the larger picture.

You are being asked to align with me. You were not put here on this Earth to go it alone. No one was.

You Are One With God

The purpose of the Earth life is to find your Divine Purpose, to connect with your Divine Presence. Many people believe that God, the Divine, is outside of them, separate. This is a huge error. It is a big mistake to believe that you are separate from God. We are One. You hold the Divinity within you. It’s most easily experienced within your heart. It’s very present and available in the heart.

But, unfortunately, many people have been cut off from their heart during this time, this reign of fear on Mother Earth, afraid they’re not good enough, afraid God doesn’t love them, afraid they are lost and alone.

Inwardly say, “Break, break, break,” to these fears. They’re simply mental concepts. They are not the truth. They are thoughts. They are error thoughts, error ideas. Say, “Break” to

these error thoughts. Send them into the Light, along with all the energies, entities, and negative programs that support them, that sustain them. Say to them, "Break. Go. Smash. Go into the Light." Send them into the Light. They are old. They are archaic, rusted out, empty lies.

You Have Never Been Separate From God

You are on this planet to open your Divine resources here, and to use them. This does not mean being impractical. This is, in fact, very practical, because it's the only way out. The only way out of the fear and the chaos is to bring forth your Divine resources. Otherwise, humanity will be spinning in the confusion and the pall of separation -- separation from something you have never been separate from: the Divine, God, Mother-Father God. And I will take it one step further. It's You. It's You, with a capital "Y". You are discovering that You *are* the Divine, that You are One with me.

Because I, Divine Mother, happen to be a little more conscious of my Divinity, I am coming to you, to make you more conscious of who we are - this Oneness, this Unity, this Wholeness.

This chaotic world and the fear that it's creating, can be managed, and managed in terms of the power of creativity, the power of Light.

Something Beautiful Is Happening Here

It's something beautiful that's happening here -- a whole transformation of a planet. I could take it a step further and say the whole Ascension of a planet, but that word often loses people, so I say it's a transformation, a step-by-step lifting, a change for the best, allowing the biggest and the best of human life.

I want you to be excited about this. Yes, there's a lot of work to be done, and yes, you have things in your life personally that you need to manage. I will help you with those. I will help you with your individual issues, because who you are as an individual affects the collective. I want you to know who you are; I want you to value who you are.

I want you to *be* who you are, and manage the challenges that you have. I will help you. We can handle them together. You will need energy tools: breaking tools, to break the densities, to break the stuckness, and in many cases, to break depression.

One of the reasons the planet is in this process of dramatically breaking through, dramatically shifting, is because people had become stuck, set in their ways. To change is difficult because of the acceptance of the status quo and the laziness towards changing anything. Life force is not lazy, so we have to burst life force -- burst it in the society, burst it in the hearts of individuals to wake them up, to wake *you* up. We are breaking now, and bursting Light.

Burst Light Anywhere That You Feel Stuck

Anywhere you are stuck, anywhere there's density, burst the Light. Intend it and have an image of Light bursting. Burst Light on the whole planet. Burst Light into any lethargy.

You are Diving Beings, and you can burst Light. You can move Light. You can fill something with Light. You can burst Light. You can bring in more Light, allow more Light, fill the planet with Light. Light wants you to use it. Light is a Divine energy. I am the Light. You are the Light. We are working with Light here. We are working with increasing Light on Mother Earth.

The density has gotten too heavy. It's retarding the evolution of the planet. Why has density and heaviness and depression become more familiar to people than love? That's a huge error, a huge indication that the people of the planet have been stuck.

There are perhaps reasons. There are perhaps controlling factors that have maintained this stuckness because it was to the advantage of those in control. They need to be broken out of it too. They are stuck in their old maneuvers.

You Are a Divine Being

As the Truth wells up, as the Light bursts forth, you catch the wave of your personal, sacred destiny. You have a special destiny. You are a Divine Being.

Many of the Divine Beings who have come to this planet have forgotten that they are Divine Beings. You are in the vanguard of the group that is lifting the planet. We need more people to join the support, so talk about it. Instead of sharing the ideas of doom and gloom, saying things like, "Oh, all this is happening. Will it ever be the same again?" No, it won't be the same again. It will be better. It will be more joyful, there will be more Light, there will be more celebration, more creativity. This is where we're going. We're going into something beautiful, powerful, and guided by Love.

When I say "guided by Love," people often go blank. What does that mean? People don't know the power of Love here on the Earth, but that's what's coming. You're going to have to go on trust here. I believe you know that Love is good. Love makes you feel good. You're happy when you're experiencing Love, or when you have a focus to Love. When Love is allowed, there's so much more beauty, there's so much more creative expression, gifting, empowering. There's so much more consciousness when Love is allowed. This is where we're going.

Trust. I'm emphasizing trust because if you look at the surface world, you might say that it's crazy out there. That's why I'm bringing you inside to the inner world, where it's more silent, where you have access to more knowledge, where you can recognize your Self.

You know the hundredth monkey story. When a certain number of monkeys start behaving in a new way, in a more evolved way, there's a tipping point, and all of the monkeys start behaving that way.

This is what we are doing here on the Earth. We're building, growing, moving people into Light who recognize Light and are starting to live in a new compassionate way. Those

people are sharing this knowledge with their friends and family. Even their vibrations are sharing it with others. We will reach the tipping point, where everyone starts to behave in this compassionate, creative, loving, highly intelligent way.

Don't Get Discouraged

Don't get discouraged. Keep showing what you know. Keep being who you are. Keep holding this Light for the planet. It's always hardest for the first ones. You have volunteered to be in the first wave. I honor you for that. Let's keep moving.

Changes are happening, thanks to you and your efforts. Simply living with kindness and compassion creates a powerful vibration throughout the planet, and throughout the Universe. Trust me. You are making progress. We will reach that tipping point.

Keep up with the Love that's pouring into you, more and more Divine Love. Your compassion - keep that up for those who are going through injustice, poverty, rage and all the rest of it. Be compassionate towards them, and you send them a powerful envelope of Love to be surrounded by.

Your Good Thoughts Are More Powerful Than Negative Thoughts

Your good thoughts and feelings are millions of times more powerful than negative thoughts and feelings. When you hear those negative epithets and curses and horrible statements that people make about hate and putting others down, inwardly say, "Break, break, break." Then burst the Light. Break and shatter those words. Shatter their vibration.

When you hear about the heinous actions that some people take towards others, say to the energy of that, "Burst, shatter, break." Pour in the power of Divine Truth. Let it shatter the vibration of those actions. Many of them have been going on on this planet for a long time, so there's a pattern that needs to be broken, shattered, smashed.

Weep, if you have to. Your tears are healing tears for those who must suffer the indignities of man's inhumanity to humanity.

We Are Not Giving Up

We are not giving up. We will reach that tipping point that will shift the human race.

I love you. You are Divine Beings living in a physical form. You are being transformed today -- physically and energetically. This is a powerful method of transformation.

More Divine Love is flowing in. More Truth is flowing in -- the Divine Truth that we are all One, that we are Whole. What we are doing is affecting everyone else because, in Truth, we are One.

As you lift your vibration, as you change your attention, stepping out of fear, stepping into your heart, you are pulling others into their hearts.

You Are Learning About the Power of Love

You are learning about the power of Love, and it is something new and fresh you are learning. Like infant children, you are learning, and, like advanced Ph.D. students, you are ready to activate it, to use it. I am teaching you.

If you have a question, ask inside yourself: “Mother, how does this work? How do I maneuver here?” Let me guide you. I am the Architect of this Universe; I can guide you skillfully, through your life. Trust me. Talk to me. Ask me your questions.

To many, this appears to be a heavy world, a dark world like a dark forest and people are lost. I know the way through the forest. I know the way into the Light. We will illuminate the whole planet with it. Work with me. I have a unique, individual relationship with each one of you. Please open into it. Let us proceed together. I love you. I love you.

Hold the Vision of the World We Are Creating

Everything I just said to you will awaken new perceptions in you. You have to break off some of the blinders first. Break anything blocking your perceptions of Truth, the perceptions of the world we are walking into. When you hold the vision of the world we are creating, you manifest it. Let’s break the structures, the blinders on your eyes, on your hearing, on all the levels of perception.

You Know What It’s Like To Live In An Awakened World

You know what it’s like to live in an awakened world. You know what it’s like because you’ve come here from awakened worlds. That’s how you know. Reference that memory. Reference it in your heart, in your mind. You’ve come here because you are offering your services to create that kind of world here. Break it through. It’s truly there on the inner levels, in the inner awareness where you’re holding it. It is there. I am opening up your perceptions to it, so you remember what you’re doing here, what we are doing here.

I love you. Thank you for who you are. As you stand in the Truth of who you are, barriers collapse, freedom opens up. The Truth collapses the untruth. You are a Divine Being living in a physical form.

I love you. That is our time for today, but I will be back. I am not going anywhere because I am already within you. Work with me. Let me help you.

Use the Vibrational Tools. These are the Tools that I have brought to empower you – the Divine Light, the Divine Truth, the power of Divine Love, and the healing of Divine Grace. Divine Grace is filling you now, more and more Divine Grace.

Your Destiny Is Conscious Union with God

July 18, 2020

Divine Mother:

I am here for you. We are healing. We are awakening. I love you. Trust. You are in a Divine process. We are breaking the structures that have tried to squeeze you into a small limited role. You have a huge role, a Divine role.

I love you. Our love is our bond. Trust, you are being held in my heart. I am always here for you.

I love you deeply. I love you. What a wonder these words are when said with sincerity and focus –I love you. The mind is afraid of love because love can bring all of its neatly organized concepts crashing down.

The neatly organized concepts can limit you, can hide you, hide you from your True Nature. I am here to reveal your True Nature. There's a power of Love that is so strong that it can dissolve anything that does not vibrate the Truth of your Real Nature.

On this planet, many people have been hiding their True Nature, afraid of it, because it is so powerful. It would cause you to break out of the status quo, to break out of the role of the acceptable human, the one who doesn't trust the Divine Truth of who you are.

You Are God

You are God, nothing less. Trust that, and find out where it takes you. Don't compromise yourself - expand. I am here to help you do that because that is what we need on this Earth right now. That is the savior of Mother Earth.

Trust me, you are not small. I am the Divine Mother, Mother-Father God. You are made in my image. How could you be made in any other image? It would be impossible. My life vibrates in your Being. Most people spend a lifetime hiding that. They learn at a young age to hide that, from their parents, their teachers, their schools, their preachers. I am here to say that this is who you are -- me, in physical form. Explore it, investigate it, learn about me.

You need a physical body to live on this Earth plane. Soften in the whole body. Trust, your body is beautiful.

What I am attempting to reveal to you is your Infinite Self. This is what I want you to know -- not just intellectually, but experientially. Experience is the living proof.

Your Body Wants To Serve Your Infinite Self

I want you to know that you can live that Infinite Self that you are, on this Earth plane -- with your body, but not owned by the body, not limited by your body. Your body wants to serve

your Infinite Self. Unfortunately, the mind and emotions have forgotten that, and behaved as if the body is all that you are. It is *not* all that you are.

You leave the body when you step out of this life, and yet, all that you are remains. All that you are continues. Honor your body. It is a servant to you while you are on this Earth plane. Treat your servant well, and it will be loyal. Learn from your servant what it needs to thrive, what it needs to help you be free.

The Divine Nectar is a Divine Elixir flowing in with vitality, with the healing resources, with soothing resources. Allow it. Just saying its Sanskrit name “Soma,” activates its flow within you, healing the physical body.

Your Destiny Is To Recognize That You Are One With God

You are Divine Beings. You are One with me. You are healing. You are changing. You are aligning with your Sacred Destiny. Your destiny is to align with me, to become One with me, to recognize that you *are* One with me, for you are already One with me. You are Infinite, Whole. I am simply reminding you of this, clearing away the masks, the veils, the structures that have hidden it from you.

I am standing in front of you, wherever you are right now. Notice me. If you don't notice me, say, “Divine Mother, where are you? Reveal yourself.” Then, stay quiet and soft so you can perceive my signal to you -- a vibrational signal revealing where I am.

Your Sacred Destiny is to unify with me. Along that path, you are going to do some wonderful things. You are going to discover Love. You are going to act with Love in this world. As more Love is revealed to you, you will act more and more with Love, breaking and shattering the pain, the fear, the separation. Say, “Break, break,” to the ignorance, the lies -- the many lies that have been perpetrated on the human race. Say “Break” to the lie that you are separate from God, to the lie that you have been kicked out of Heaven, to the lie that you are unworthy.

You Are Going To Rise Up Like a Phoenix

You are going to rise up like a phoenix out of the ashes, for that is your Sacred Destiny. You will do many important things to align with it, many significant things. I am always here with you.

You and I will become close friends, intimate associates. This is your Sacred Destiny. It has powerful implications in your life. It will influence your choices. For a human being, free will choice can be a boon or a bane. As you step more into your Sacred Destiny as consciously One with me, it becomes a tremendous boon, filled with wonderful blessings.

You have to work at it, through your free will choices. You will learn what works and what doesn't work, as far as Love is concerned. Love is the primary flow that you are aligning with, the flow of Love. As you align with that flow in your heart, everything you do, think, say, increases Love, expands Love, heals.

Love Is the Greatest Healing Power In the Universe

Love is the greatest healing power in the universe. You are learning about that. I am teaching you about it. You are learning to experience it. As you experience it, knowledge comes to you about it.

Love is healing you now. Every Vibrational Tool that I use, and that I have given you to use is a structure of Love. Learn to use it from your heart. Even though it will still work if you use it from the mind, it's more powerful when used from the heart, because of the impulse of Love which is the power source of the heart. Speak the words with your heart voice. Call upon me. Always call upon me.

Healing mostly has to do with your attitudes and thoughts, and your judgments -- especially self-judgments. Dissolve the negative self-judgments.

As you move with me, you will embrace the work, the play, the relationship, the people and the groups, that support your destiny of union with me, *conscious* union with me. All of those people, all of those groups, even your occupation, are refining you, trying to show you where you need to be more of your Self, your True Self.

Your True Self Has Been Suppressed

Your True Self has been suppressed -- not everywhere, not always, but in certain circumstances, often with your most intimate friends and family members. Your True Self has not been fully allowed. These people that you are with are there to help you fully express your Self, although they may not know it. Whether they know it or not, the only important thing is for you to be your Self. They will have to adjust to that. If there is truly love between you, they will adjust in a loving way to support your Sacred Destiny, and in so doing, they support their own Sacred Destiny.

The power of your Self is the most powerful thing you have in your life. That Self is Infinite and Whole. As it flows, it flows like a river going to the ocean. If it gets jammed up, if it gets somehow sent in different directions that do not go to the ocean, it will be very repressive for you, and cause pain. These are the challenges that people meet in life, and have to resolve.

Your Divine Self is pushing you. It won't stop. It's wise to let it flow. Where the dams have been built, where circuitous pathways have been created, it's important to break through. You are learning how painful and frustrating it is to not be your True Self. Your Self is your destiny. The Infinite Ocean is your destination as you flow through your life.

Your Heart Knows How To Release Your Discomfort

When you get stuck somewhere, there is discomfort. Your heart knows how to release the discomfort. Many people do not listen to their heart. I am changing that. I am here to remind you that your heart needs to be heard, needs to be voiced because there's tremendous Grace and support, not only for you, but to everyone around you, when you voice the Truth

of your heart.

The Sacred Destiny is unique for each one of you, though you all end up at the same destination: One with me, consciously aware of your Unity with God. How you get there, what you go through, the people who support you, or the obstacles you meet, are special and unique to your individual life. You have the knowledge inside you to fulfill this destiny.

You Are On a Divine Path

For each person, the action is unique, different. Some people are doctors, lawyers, Indian chiefs, teachers. Trust. You're on a Divine path.

Whatever you are doing, if it isn't helping you reach your destination of union with me, change it. If you are unhappy and miserable, change it. This is where your free will comes in. It takes strength to make free will choices. It takes courage to stand up to someone who's been controlling you or putting you down, or ignoring you, or behaving inappropriately with you. Your path is to break through that.

Love is not soft and mushy. Love is strong, tender, and powerful. Tender does not mean mushy. Tender means extremely sensitive, clear, and powerful.

Walk into your destiny now. I'm not talking about what you do; I am talking about what you are, and what you are becoming. That is the destiny I am referring to.

What you do is important. If you're focused on your destiny, what you do becomes supportive to that. It expands your love, heals your heart, opens your creativity, allows you to use that action, that activity, to expand.

You Can Get You Through This

I am Divine Mother. You and I are in an intimate relationship, whether you know it or not. I want you to know it. I want you to know me. I want us to be partners in this beautiful, powerful, adventure on Mother Earth. Mother Earth is a challenging place. I can get you through it. When I say I can get you through it, I laugh. We are One, so *you* can get you through it, with the conscious awareness that we are One.

Prior to that full, multidimensional experience of our Unity, we work together. We come closer and closer with every breath. I share with you the knowledge and secrets of the Universe, and the knowledge and secrets of how to move through this planet at this time.

You Have a Divine Purpose

You have a Divine Purpose. You didn't just incarnate here randomly. You have a purpose. You are a Divine Being living in a physical form. You have a Sacred Destiny. The primary destiny for your life, for your existence, is to consciously unify with me, to live the Way, the Truth and the Life. As you move through this life, with that focus, you will do the work, the career, the activities that are perfect for you, to unfold that inner Presence of your Infinite Self. The activity is unique for each of you.

People are lost on this planet because they have lost the pulse of their inner Divine connection. You are here to find it, to experience it, to trust it. It takes some work to hold onto -- especially on this Earth plane. You are being challenged here, but the speed of growth that you can achieve by reaching out for this again and again, is unparalleled anywhere in the universe.

You are a Divine Being living in a physical form on a planet with tremendous challenges, which you face almost every day in your individual life, and you have to make choices about how to proceed -- with Light, with Truth, with Love, or with fear, with doubt, with pain. You may have to make those choices every day. Those choices guide you to your destiny, guide you to your sacred work, guide you to how you operate in this lifetime, on this planet.

I Am Here For You

I am here. I am here for you. You can't avoid action on this planet. It's demanded of you daily. Let's act together. I promise you I will not leave you.

I am Divine Mother. I come in the name of Truth. I love you. I am intimately involved with you and your life. Thank you for noticing me. Thank you for working with me. You are safe. I am taking care of you. Keep referencing me. Keep finding me. Ours is a walk into destiny. I love you.

Your Heart Can Guide You Through This Time

July 25, 2020

Divine Mother:

In order to get through these times that we are in right now, the human race has to power up their hearts. The hearts can guide you through this. The hearts haven't been used fully. They haven't been allowed to open and expand completely, to embrace all of their skills, ability, knowledge

This is the key to moving through this time on Mother Earth, this very transformational, changing time. The heart can lead you through it. The heart can protect you through it. It's very important to have an empowered heart.

The heart has been compromised for so long. We are healing it today, removing pain, discord, fear, confusion, trauma.

We Are Bringing Back The Truth of Your Divinity

Love is your nature. When the heart is repressed, hidden, lost, your nature -- your very nature -- is lost. We're bringing back your nature, the Truth of who you are, the Divinity of who you are.

Trust that the Divine aspect of you is there. Now it is being nurtured, nourished, fed, given the freedom to express itself, to express You.

You may wonder, if you've been to these sessions before, and we've done this healing before, why we're doing it again. New layers keep opening. We heal as much as we can in every meeting. You are multidimensional. You have deep issues, core issues, that want to be unraveled. We keep digging them out again and again, at deeper and deeper levels. The ones that have been healed before are gone.

You are great, Infinite, multidimensional beings. Your multidimensional existence is expansive. I want you to have access to all of it.

We'll continue to say, "Go into the Light" until the True, beautiful You is shining and resilient, capable of offering your knowledge, your healing, your creativity to this planet.

As Mother Earth unfolds, expands, and evolves, tremendous creativity is needed -- creativity in a way you haven't imagined yet, but that you do hold inside of you. It's there, waiting, innocently waiting, to be utilized for the highest good of you and all beings on this Earth plane. Let's continue to dig it up and bring it out.

Inwardly say, "I give myself permission to love." Trust. I am the Divine Mother. We are healing you with my Love. I love you, I love you, I love you.

I want you to know you are a Divine Being living in a physical form. I want you to know your power is in your heart.

You Are An Infinite Being

The Truth is setting you free. You've perhaps heard that statement before about the Truth setting you free. The Truth is that you are an Infinite Being of Divine Light and Divine Love. That Truth is what sets you free -- sets you free of all the constrictions, the belief systems that you are a small, insignificant human. That Truth must be both known and experienced -- known by the intellect, and experienced in the consciousness and the multidimensional energy field.

Without the experience, the knowledge of it is just words. I am coming here to give you this experience. I am coming here to shake you out of the old traps that you have gotten caught in -- mental traps, emotional traps, spiritual traps.

I want you to know who you are so thoroughly, that nobody needs to tell you, because you are living it, you are vibrating it.

You Are Never Unworthy In The Eyes of God

Say, "Go into the Light" to all the doubts, all the fears, all the unworthiness that has been taught by your religions -- that you are unworthy in the eyes of God. Shatter. That is a bold-faced lie. Break it. It has crushed too many hearts. The heart knows the Truth that you are One with God, Infinite Whole, living your life as a full expression of that Divinity.

I am coming here with my Vibrational Tools to break through all the structures of fear, shame, pain, unworthiness. The Truth is so simple. All the other identities are so complicated.

I am powering up your heart today because the heart knows the Truth. I am removing the blocks that the world has placed on your heart -- blocks that would teach you that you are weak, insecure, less than whole, lacking in different ways.

There's the fear that if you truly claim who you are, you will be severely punished, ostracized, humiliated. Societies *have* done this, which makes you even more afraid to be your Self.

The Key Lies With Your Heart

Now is the time for liberation. Whatever has happened in the past, we'll break through. We break it and we let it go. We stop identifying with it.

The brain has been compromised. It hasn't been allowed to expand to its fullness, to its Divine clarity, to its cosmic status. I'm changing that as well.

The key, however, lies with the heart. When the heart is full, the brain wakes up; it wakes up to all of its genius. Heart and mind need to be unified.

Bring your chakras into their full glory by connecting them to their Infinite status. That's what softening does. You soften and expand, and everything becomes bigger. You become bigger. The chakras become bigger, they start to heal because they are opening to their Infinite Source. It's the same Infinite Source that is your True Self.

You are releasing the pain of the past by dissolving it in the Infinite Ocean of Truth. It's not an idea, a concept -- although people have made it that -- it's a Presence. What I want for you is to have the experience of that Presence. That is the game-changer. That is the game-changer for this planet and for this human race.

Humanity has been lost and stuck, separated from the True Self. Truly you have never been separated, but there's been a mistake in the thinking, because you haven't had the conscious experience of that Infinite Self frequently enough. It's an abstract experience. It's the space between the lines. It's the Silence between the words. Trust that you have it.

Most people don't know they have it because they've been so caught up in the fear of being separate, alone, lost, unworthy, trying always to prove their worthiness to someone somewhere -- through jobs, relationships, education. All these things are good, but they don't prove your worthiness. You are already worthy. They can't prove something that you already are.

This is what I want you to know through your experience. That is why I consistently clear your system, ask you to soften and to let go. As you let go, you expand and free-fall into this Presence, into this space, which is truly You.

I am a bringer of experience -- experience of Love, experience of Truth. I don't want to just talk about it, although talking about it does support the experience.

I Want You To Know Your Oneness With Me

We are One. I know that so deeply, so intimately, and I want you to know it the way I know it. Will that change anything? Yes. Suffering will end. Knowledge will flow. Love will expand. Life will stop being a 3-ring circus, everybody running around here, there, and everywhere, doing senseless things. It will become a joyful, purposeful, Divinely inspired experience where true creativity can expand the human race to its full potential. The greed will disappear.

The greed is only there because people are afraid. They have to prove their worthiness by having more than others, or by being in control of others. *The greed is an extreme expression of unworthiness.* It is a person having to accumulate and accumulate and hold onto it to show someone, and themselves, that they're worth something. You are already worthy.

That is what has been lost - the Truth has been lost. Everything's been skewed in the direction of trying to prove worthiness, value. Those who don't feel the value, do terrible things, like kill themselves or kill others.

Every time you soften, you get in touch with that True Self that you are. Divine Truth is collapsing the untruth.

You Can Live More Effectively When You Experience the Presence of Your Infinite Self

As we stabilize the chakra centers, there is an expansion into the recognition of their Source. The whole body changes, becomes more radiant as a Divine vessel. You have a body and a life that can be lived more effectively, when you know who you are, when you experience the presence of your Infinite Self.

The Break Command, and the Go Command that we use in these healings are loving commands. All the energies that are stuck in a dense tangle are miserable. They need to be freed; they're unhappy. Energy, vibration flows. That's the joy of it. Where there's a tangle of stuck energy anywhere in your body, it is begging for release, begging to be opened, freed. Where you feel those pains or aches, lovingly whisper to that energy, "Break, break," and "Go into the Light."

Often the stuck energies don't know where to go. Send them into the Light. That's the safest place for them and for you. The Light is intelligent; it knows how to heal and create. Healing truly is an act of creation. You're creating health, well-being, out of a tangle of stressed energy.

The Physical Body Is Self-correcting

The physical body can correct itself; it's a self-correcting mechanism. It knows how to heal itself when given a chance. We're giving it a chance by pouring Light into it, by breaking the structures of fear, tension, unworthiness, shame. These are vibrational structures.

I am Divine Mother. I love you. Everything I do is with Love. As you use my Vibrational Tools, remember that you and I are working together with Love, even if we have to be strong at times and say "Break!" There's just as much Love in a loud "Break" and "Go" as in a soft one. If Love is the power, speak the words from your heart -- not the small, ego-mind.

Allow your awareness to be in the heart. This is where I am. This is my seat. It's in your heart. If there's something concrete around your heart that's been protecting, hiding your heart, we need to get out the Divine jackhammers.

Many People's Hearts Have Been Wounded

Many people's hearts have been so wounded that they've built a fortress around the heart. The heart is so tender. Wounding the tender heart is so painful, that people have built up resistances. We're breaking those now. Be willing to let them go. I promise you that you will find a power more magnificent, more majestic than anything you have known. This majestic power is You -- your Self.

It takes some courage to let these fortresses, these walls down. They've been your protectors. You can say to them, "Thank you for your service. I give you permission to go

into the Light.” You can say, “I’m moving on now. I need to have my full Self back. I need to have my full Self expanding, not hiding behind a wall anymore. I give you permission to go into the Light. I give you permission to let go of my life.”

The Power of Love Is Changing Everything On This Planet

The power of Love is the healing power of the universe. That power of Love is a mighty power. We are powering up your heart to embrace that mighty Love. That mighty Love is changing everything on this planet. Let’s keep setting it free. Keep setting it free in your own heart.

We say to the walls and the obstructions and the guards around your heart, “Thank you for your service. I give you permission to go into the Light.”

You Are Breaking Through the Things That Have Been Holding You Back

You are okay now. You needed those protections for a time in your life. Now, you’re stronger; you’re ready to move forward with the power of your own heart, the power of your trust. It’s extremely important now, because of the changes taking place in this world, that you continue to expand, to break through all the things that are holding you back -- all these protective energies, all these attitudes, all the fear.

Fear is the biggest one that holds people back. Say to the fear, “I give you permission to go into the Light. Thank you for your service. I give you permission to go into the Light.”

The Heart Is the Only Thing That Will Get You Through These Times

The only thing that’s going to get you through these changes that are taking place on the planet is the heart. Let it lead you; let it guide you. The more the heart expands, the more it connects with the intellect. The heart has a brain. It’s not just an emotional puddle. It’s Divinely intelligent, and you need this intelligence now, to get you through this huge, transformational shift that’s going on on Mother Earth. To access the intelligence of the heart, we need to break all the suppression of it, the walls, the fences, the mental attitudes about it.

You are stepping out into the Truth of who you are -- an Infinite Being, a Divine Being. You don’t have to tell anyone that; you just have to do it. You just have to love yourself and become bigger.

Many people shrink when challenges come up. They shrink when they have to pay their bills. They shrink when they think of the coronavirus. They shrink when they think of the condition of the world. Stop shrinking.

I’m talking about the energy in your system now, how the energy pulls back when it’s afraid. There’s a habit of doing this. It is a habit from living on an ignorant planet where everything has been dominated mostly by fear. You’re going to change the habit of shrinking and pulling back into the small-self, into a new habit of expanding.

Vibrational Exercise For Expansion

Allow your breath, your life breath, to move out in front of you, to expand from the heart, the throat, the third eye, becoming bigger. This is a vibrational exercise. It's not something you have to say to anyone. It's something you do for yourself.

Maybe you have a meeting or a job interview. Maybe you're going to meet someone. Instead of hiding, contracting, intentionally expand. It's an energy tool to fill yourself with your True Self.

Practice this. This is how to power up your heart. Let yourself become bigger -- energetically bigger.

Do it now: expanding, opening, allowing. Become bigger than your body.

You're working with energy. It might be a new thing for you, but it's something you better learn because the whole Universe is made of energy. It's not made of matter. It's got a few pieces of matter here and there, but it's primarily made of energy. Matter is made of energy.

Learn how to extend your energy, your Self. Become bigger instead of smaller. It's your nature to do that. Most of the time on this planet you've been trained to do things that are against your nature -- like to be quiet when you want to say something. That's definitely against your nature. Nature wants your knowledge and wisdom to come out.

Crying Is a Natural Way to Release Stuck Energy

It is against your nature to hide your heart when you need to cry. It's natural to cry. It's natural to express that way. It's an expression of Truth, an expression of Love. It could even be an expression of fear. It's truly a release.

You haven't been allowed to release, so everything has gotten piled up and pressurized. Now we're seeing it breaking out, often in acts of violence. That's what war is -- built up pressure because people have not been allowed to be themselves, to be natural. It is not natural to the heart to fight. It is natural to the heart to stand up for Truth, to stand up for right. Most people on this planet haven't even been allowed to do that. Those who stand up for right often get put in jail or subdued in some other way.

I am asking you to simply expand your energy, to allow your energy to make you bigger. Anytime you catch yourself withdrawing, pulling back -- and it happens a lot when you feel you've been rejected -- this is an area where it's important for you to expand. Anytime you feel rejected, expand. Don't let something that someone said -- don't let that hide you. Become bigger. Expand the energy from your heart.

You don't have to say or do anything. As you become bigger, the situation changes. Love engages.

I am the Divine Mother. I come in the name of Truth. I need you to be big now, because

you *are* big. I need you to be all of who you are. I'm simply asking you to be your Self. Most people have not been themselves. The ignorance of the planet has caused people to withdraw and hide. We're going to change that.

One Person Expanding Can Influence a Whole Community

Expand now, and allow. Just one person with an expansive spirit, without saying anything, can influence a whole community. Thank you for being willing to be who you are. Thank you for being willing to step into the power of your heart and rest there. In order to do this, healing will be necessary. You have the means to heal. I am delivering to you the means to heal. The Divine Mother Healing Tools are yours.

This added Tool that I'm giving you today is an expansion of the Softening Tool.

Let your awareness, your Self, your identity, become bigger, because it *is* bigger. It's already big; you are just setting it free. You will amaze yourself by who you are, and what happens when you do nothing other than this. Energy is the basis of all life. You may have heard this statement, "Let there be Light." Light is vibration. Light is energy.

The impetus for "Let there be Light," the impulse behind it, is Love. The Creator loved so much that it had to burst out as Light, lighting the darkness.

When you make yourself bigger, there's more power in these words. You are capable of perceiving all of this through your senses. The subtle senses have been dulled for lack of use. All the gross senses work, but it's the subtle senses that we're asking to come forth now -- sensitivity towards energy, Light, the vibration of Love, the vibration of Truth. It's very visceral. Get out of the head, and feel it, sense it.

We Are Building the Perception of Divinity Into Your Senses

Divine Love is here. We're building the perception of Divinity into your five senses. That's why we keep clearing them. They've been dulled. Wake up the senses to the energy, the vibration of Truth. You can sense a lie, and you can sense a Truth. That's what you're capable of doing with your senses.

The heart is very engaged with the five senses. Because the heart has been suppressed, the senses have been dull. There hasn't been this sensitivity, this refinement of the experience of life. The refined sensory experience of life is natural to you, as natural as the flowers and the trees responding to the sun and the wind and the rain and the vibration of the bird song. Nature responds to all of these things. You *are* Nature.

Powering up your heart enables your senses to be more attuned to the subtlety of life.

Closing Your Aura Is Lifting Your Vibration

Many people think, "If I'm too sensitive, I might be damaged somehow. I might get hurt." This is why we close our auras. Closing the aura is lifting your vibration, raising your vibration so that it gets out of the heavy density.

When you close your aura, remember that's what you're doing, although we use the word "close." It's important to use that word because there are some intense vibrations on the planet right now, and you don't want them to bother you. You're busy lifting the vibration of the planet. Close your aura, lifting your vibration, healing your heart, changing your life.

I am the Divine Mother. I come in the name of Truth. Practice making yourself big. I love you.

You Are Becoming An Energy Healer

You are all becoming energy healers. This is important. It isn't just energy healers, it's energy lifters, energy transformers. Please remember to use the energy Tools when you see or hear about the discord, the violence, the unrest occurring in this country or other countries. Pour in Light. Pour in Truth. Break the structures that are creating the discord. There are vibrational structures that people are functioning in, structures of fear that need to be broken out of. It often comes up as violence. You can say to the structures, "Shatter, break, break, break." Then pour in the Love.

Our command to "break" is done with Love. Our "break" is a healing "break." Pour Divine Love and Divine Light into all these situations. Make yourself big as you do this.

You are a Divine Being living in a physical form. Trust the Truth of who you are.

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