

# Closing Holes in Your Aura

**I call upon Divine Mother and Archangel Michael** (*you can choose any Divine Beings you prefer*) **to close all doors, openings, holes, portals and pathways, anywhere in my multi-dimensional energy system to all limited** (*those that limit your wholeness*) **planes, domains and dimensions, spheres and realms and locations anywhere in creation.**

**I command in the name of Divine Mother that all doors, openings, holes, portals and pathways, anywhere in my multi-dimensional energy system are now closed and sealed to the following levels:**

Go through the list one at a time and after naming each level say "Close!" and see doors slam throughout all levels of your energy field. Then "see", "know" or "feel" the doors are closed and sealed.

**I close doors to the astral plane.....CLOSE!** (includes disembodied earthbound spirits)

**I close doors to the e.t. entities.....CLOSE!** (limited extra-terrestrial entities)

**I close doors to the inter-dimensional entities.....CLOSE!**

**I close doors to false gods.....CLOSE!**

**I close doors to lost souls.....CLOSE!**

**I close doors to negative thought forms.....CLOSE!**

**I close doors to all dense, low frequency beings.....CLOSE!**

**I close doors to the fear and negativity in the world consciousness.....CLOSE!**

**I close doors to all unknown limited beings.....CLOSE!**

Repeat from the authority of your Divine Self:

**These doors, openings, holes, portals and pathways are now closed and sealed, in the name and through the power of Divine Mother, in the name and through the power of Archangel Michael.**

Again, image doors closing and sealing all around you. A strong focus on the holes closing is important.

**Any energetic configurations or attracting mechanisms around these now closed holes and openings are now dismantled, broken, dissolved and released.**

See or feel or know that a strong shield of protective Light is all around you, very vibrant and powerful  
End by saying:

**I am aligned with Truth. I am Whole.  
Thank you Divine Mother, and so it is.**

For further assistance, use the Binding Tie Cut technique to cut ties with all the limitations, situations, and people to whom you have just closed your aura. If you continue to have discomfort in your life, we recommend that you use the whole sequence of the Divine Mother healing techniques in the order suggested.

# About Closing Holes in Your Aura

## **Why close holes in my aura?**

The energy which composes your aura interacts with other energy fields in this complex creation. We close holes to secure our vibrational integrity and eliminate influences of negativity such as fear, anger and other limitations coming from outside of us. You are a Divine Being in a physical form. Closing holes in your aura allows you to stay in touch with your Divine Self. You are closing your aura to lower vibrational influences. You are rising to the highest level of life. You are growing to recognize you are infinite. Lower vibrations do not serve your highest good. You are closing your auric field to interference from limited levels in creation that can prevent you from experiencing your unlimited Self.

## **What are holes in the aura?**

This refers to openings in the energy around the body which allow energies from outside of you to pass into your energy field. It is important to maintain a strong auric field. Closing holes in your aura keeps your energy field strong and prevents you from being influenced by the limitations of others.

## **Why do we get holes in our energy field?**

Holes come from negative thinking, giving up your power to another, compromising your principles to accommodate another, and anything that undermines your self-authority. Alcohol, cigarettes, and drugs can also open the aura, because they destabilize the vibrational system.

## **Closing Holes to Specific Situations or Organizations**

You can also close your aura and energy field to groups, organizations or relationships that intimidate you and keep you from centering in your Self. Close your energy field to that which confuses you or pushes you off center.

## **Why do we close our aura to these specific levels?**

Closing to these levels is a safety precaution in case there are any disruptive influences present. You may be completely clear, but it is always wise to protect yourself and strengthen your aura. By naming specific levels where non-physical entities reside, you target the limited energies there that could be disrupting your connection to your Infinite Self. You are closing your aura to limited frequencies which could disrupt your evolutionary path.

## **Brief descriptions of the levels**

**Astral Level:** This includes disembodied earthbound spirits who have not embraced their evolutionary path. It also includes other beings who move through the astral plane on their way to connecting to their higher purpose. The astral plane is not a place where beings reside. It is a place they pass through on their way to some purposeful destination. The astral plane is like Grand

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Central Station, where beings are changing trains and moving on. We close holes to the astral plane so that we can stay centered in our Infinite Self and not be distracted by the agitation and limited knowledge of those in the astral level.

**Limited E.T. Levels:**

Limited extraterrestrials are beings from outside of the earth plane who are not yet awake to their Infinite Self. They have their own evolutionary path to follow that is different from ours. We close holes to them so we can stay centered and focused on our own life path without distraction.

**Inter-dimensional Levels:**

Beings who reside here have limited consciousness and are in the process of fulfilling their evolutionary journey. We close to them to stay centered on our own path.

**False gods:**

False gods are anything you make more powerful than your own Infinite Self. You are a Divine Being. You are one with Almighty Mother-Father God. A false god is something that diminishes you and makes you powerless in its presence. Examples of false gods are: money, fear, and anything or anyone that usurps your personal power. The authentic God gives you your personal power to be who you are and live in union with Him/Her.

**Lost Souls:**

These are souls who have fallen off their evolutionary path and gotten lost. They are characterized by confusion, hopelessness, and helplessness. We close our aura to their energy to maintain the integrity of our energy field and stay centered in our Self.

**Negative Thought Forms:**

These are the negative thoughts of others and ourselves. We close our aura to all of them because they are very debilitating, distracting, and disempowering to your True Self.

**Dense, Low-frequency Beings:**

These are beings that vibrate at a heavy, dense, low frequency. We are in the process of lifting our vibration to the highest level of Love and Light. We close our aura to these dense energies because we want to lift our vibration, not have it lowered by the influence of these lower frequencies.

**Fear and Negativity in the World Consciousness:**

We close our aura to the energies in the world-mind that pull us into fear, anger, and lack of peace. Then we can proceed to lift world consciousness through our connection to the Divine within us.

**All Unknown Limited Beings:**

Complete the aura closing by stating that your aura is closed to all unknown limited beings. This assures that your vibrational field is not compromised by any fluctuation of limitation and helps you maintain the integrity of your Divine Self.