

Aura Empowerment

Breathe into the heart.

As you say this aura empowerment technique, see, feel, know, image or intend that the Light is doing what you are saying during every statement.

My aura, the space around my body for at least 10 feet in all directions, is filled with light. Divine Light beams from my core and fills my auric field, like the rays of a brilliant sun.

I am radiant with light. My aura is sparkling with light, brilliant with light, glowing with light, blazing with light.

Image this as you are saying it. Notice it, feel it, see it, know it.

My auric field is vibrant with Divine Light and alive with life force. Divine Light is radiating from my core. It protects me and creates a shield of light within me and around me wherever I go, and whatever I do.

It remains powerful and strong as I interact with others. Nothing limited can penetrate the power of my auric field. It is holding me in a place of safety.

Notice the Light and feel the safety.

I am Whole. The power in me comes from my Infinite Source.

I am One with All That Is.

Thank you Divine Mother, and so it is.

About The Aura Empowerment

Why do I need a powerful aura?

Your aura is an energy field that surrounds and supports your body. When the aura is strong, the mind is clear and the body is healthy. When the aura is weak, the mind is confused, fearful, angry, or disturbed in other ways and the body is vulnerable to illness. Your aura is designed to protect your body and mind. It shields you from negative influences in the environment. A weak aura is the biggest problem most people have because it allows you to be influenced by outside energies, often without being aware of it.

When do I need to empower my aura?

Empower your aura often, at least every morning before facing the day. Empower your aura during the day when you feel influenced, pressured or controlled by something or someone else.

Empower your aura when entering an environment of stress or negativity to keep from taking on that influence. If you have nightmares or disturbed sleep, empower your aura before going to bed. Use the Aura Empowerment many times a day, and soon the Light in you aura will be “switched on” all the time.

What weakens the aura?

The aura is weakened by negative thinking, self-criticism, or criticism of others. It is weakened by the use of alcohol, drugs, cigarettes, and all addictions. The aura is weakened when you give your personal power to another.

How does Aura Empowerment work?

First, you are using light to raise the vibratory frequency of your aura to a very coherent resonance. The coherence in your aura then repels the incoherence in the environment. Second, your aura becomes strong when you consistently claim the Truth of your Oneness with God.

Experiences of using the Aura Empowerment:

The Aura Empowerment makes me feel strong and confident as I go through my daily activities.

I used to have a very weak auric field and I attracted lots of negative energy. My health was fragile and I was timid about expressing my views. The Aura Empowerment along with Divine Mother's other tools has helped me to be physically stronger and confident in who I am. Often I'll be talking to someone who unloads their anger and frustration on me. If I forget to empower my aura, I feel heavy, upset, depressed and even angry by the end of the conversation. When I've empowered my aura, I don't have that experience.