

# Closing Holes in Your Aura

**I call upon Divine Mother and Archangel Michael to close all doors, openings, holes, portals, and pathways anywhere in my multi-leveled energy system to all limited (*those that limit your Wholeness*) planes, domains, dimensions, spheres, realms, and locations anywhere in creation.**

**I command in the name of Divine Mother that all doors, openings, holes, portals, and pathways anywhere in my multi-leveled energy system are now closed and sealed to the following levels:**

Go through the list one at a time and after naming each limited level say, **“Close!”** and see doors slam throughout all levels of your energy field. Then see, know, or feel the doors are closed and sealed.

**I close doors to the astral plane ... CLOSE!** (Includes disembodied earthbound spirits)

**I close doors to the limited extra-terrestrial entities ... CLOSE!**

**I close doors to the inter-dimensional entities ... CLOSE!** (Other subtle life forms)

**I close doors to false gods ... CLOSE!** (Anything you make more powerful than your Infinite Self)

**I close doors to lost souls ... CLOSE!** (Beings who have lost their evolutionary path)

**I close doors to negative thought forms ... CLOSE!**

**I close doors to all dense, low-frequency beings ... CLOSE!**

**I close doors to the fear and negativity in the world consciousness ... CLOSE!**

**I close doors to all unknown limited beings ... CLOSE!**

Repeat from the authority of your Divine Self:

**These doors, openings, holes, portals, and pathways are now closed and sealed, in the name and through the power of Divine Mother, in the name and through the power of Archangel Michael.**

Again, image doors closing and sealing all around you. Focused attention on the holes closing is important.

Then say:

**Any energetic configurations or attracting mechanisms around these now closed holes and openings are dismantled, broken, dissolved, and released.**

**I am now opening into my authentic Self and moving through my individual life with Grace, Power, and Divine Integrity.**

See or feel or know that a strong shield of protective Light is all around you, very vibrant and powerful.

End by saying:

**I am aligned with Truth. I am Whole.**

**Thank you Divine Mother, and so it is.**

## **About Closing Holes in Your Aura**

### ***What Is the Aura?***

The aura is a field of energy around your physical body. A strong aura is like a strong shield around the body, protecting it and allowing you to function comfortably in the world. The energy that composes your aura interacts with other energy fields in this complex creation. Often disruptive energies in the environment interact with your aura and compromise you.

### ***What Are Holes in Your Aura?***

“Holes” in your aura are openings in the energy around the body that allow energies from outside to pass into your energy field. Throughout your life, these holes or openings may have let in a lot of the fear, pain, and anger of the world, and all of it would have had an effect on you, even weakened you.

By closing the holes and openings in your aura to negativity, you become much stronger, clearer, and more stable. It is important to maintain a strong auric field. The negativity and stress of others bounces off or is dissolved by a strong auric field and cannot impact you adversely. Yet, positive energies can flow into you, while your gifts and creativity can flow out into the environment.

### ***Why Is It Important to Close Holes in the Aura?***

Closing holes in your aura allows you to stay in touch with your Highest Self. You are a Divine Being in a physical form. You are growing to recognize that you are Infinite. You are rising to the highest level of life in union with God. Lower vibrations do not serve your highest good, so you are closing your aura to these lower vibrational influences. You are closing your auric field to the planes in creation that contract you into a small, fearful self instead of expanding you into recognizing your True Infinite Self.

### ***Why Do We Get Holes in the Aura?***

You get holes in your aura when you are no longer acting, thinking, and being in

your Highest Self. Some things that open your aura are: negative thinking, giving up your power to others, or compromising your principles to accommodate others. Physical illness can also open the aura because the system becomes weak and incapable of maintaining a strong vibrational field. Alcohol, cigarettes, and drugs can also open the aura, because they destabilize the vibrational system.

### ***When Should I Close My Aura?***

We recommend that you close holes in your aura every day. Do it first thing in the morning and just before going to bed at night. Other times to close your aura are when people around you are negative or angry. This Tool closes your energy to their anger, fear, guilt trips, attacks, complaints, coercion, or manipulation. You are not closing to their True Self; you are closing to the limitations fueling their negativity.

### ***Suggestions for Using Closing Holes in Your Aura***

When anyone starts to unload their negativity on you, immediately close your aura to their agitated energies.

After meditating, you may be ultra-sensitive to environmental negativity. To help maintain your inner peace, close your aura to the outer discord.

In a public place like a mall or a store, if you feel spacey or over-stimulated, close your aura to feel more comfortable and clear.

When you feel that someone is trying to manipulate you by making you feel guilty or afraid, close your aura to them and make your own decisions.