

Divine Light

Soften in the heart.

Pause for a moment after every sentence, and read slowly. Repeat any of these paragraphs more than once if desired.

Divine Light is pouring into me now. Divine Light is filling my energy field on every level. Divine Light is increasing within me now. I am receiving more and more Divine Light, moment by moment. Divine Light is healing every limitation within my energy system and opening me to Wholeness now.

Pause and continue reading slowly.

Divine Light is releasing all discord within my system now and opening me to more Divine Light. Divine Light is flooding my energy system now. I accept Divine Light within me now. I know that Divine Light is increasing its presence within my system and illuminating my entire energy field. The most refined, sublime quality of Light in creation is opening in my energy system and lifting my energy field into resonance with Sacred Light vibration.

Divine Light is healing me now. This Sacred Light is lifting, opening, cleansing, and healing my entire system, and allowing the presence of Light to increase within me now. Divine Light is filling every organ, tissue, cell, atom, and particle of my body. Divine Light continues filling me and healing my entire energy field. I am inundated, saturated, permeated, and penetrated with Divine Light.

Pause and continue to read slowly.

Divine Light is emerging from Source and overflowing on every level of my energy field, nourishing my system with more Divine Light. I am receiving wave after wave of Light. I am filled with Light. More Divine Light is awakening in my entire system and releasing all that is not Whole.

The Wholeness of Divine Light fills me now. All energies of limitation and lack are dissolving as Divine Light vibrates throughout my energy field. I am held in Divine Light. I am bathed in Divine Light. I am healed in Divine Light. I am lifted, opened, cleansed, and freed in Divine Light.

Thank you Divine Mother, and so it is.

About Divine Light

Why Use Divine Light?

The universe is made of Divine Light. “Let there be Light” is the first intention of the Creator. All spiritual traditions recognize the creative and transformative power of Light.

This Tool creates a Divine situation in your life, awakening your connection to the Creator, who creates with Light all the time. Together with the Creator, you begin to create a Light-filled life. Darkness dissolves, density collapses, fear disappears, pain disperses. These are some of the effects of healing with Light.

Activating Divine Light

Divine Light is present all the time. The Divine Light Tool activates the presence of Divine Light by bringing your attention to it. When you read the Divine Light Tool, everything described in it happens as you say it.

Noticing Divine Light

When you use this Tool, intend to notice the Divine Light. You are learning to perceive with your subtle senses, so be patient if you don't notice Light immediately. There may be a vague feeling or an awareness of Light. You might feel lighter in weight. You might feel your burdens lifting. You might notice liveliness or tingling. The experience of Light is unique to everyone and changes with continued use of the Tool.

You Are Multi-Leveled

You are a multi-leveled being with many layers to your existence. This technique heals every layer. It takes you deeper and deeper into the root level of any problem. Every presenting challenge on the surface experience of life, whether illness, relationships, or money, is caused by discordant energy at a deeper level. With these Tools, you can heal the problems on the surface by attending the root level.

Layering Divine Light

You are layering Divine Light around you and within you with this Tool. By repeating the words many times, you build a strong field of Light around you. This provides a very powerful protective field and dissolves the density in your system.

Customizing the Use of Divine Light

You can fill any person or condition with Divine Light. Simply replace the word *me* with a person's name or name the challenge. For example, “Divine Light is filling my finances now. Divine Light is filling my finances on every level ...” or “Divine Light is filling my mother now ...”

Experiences Using Divine Light

When a friend's daughter was having surgery, she filled the operating room, the doctor, and all the attendants with Divine Light before and during the surgery. The surgery went well, and she was at peace through the whole process.

A man was having financial problems. He consistently filled his finances, checkbook, investments, and bank account with Divine Light. The problems were resolved.

An accountant had a business meeting she knew would be difficult, so she poured Divine Light into the meeting and all the people there. She reported that the conference was smooth and productive.